



Get INVOLVED!

Yorkshire and Humber Involvement Network presents

The Evolution of Involvement Conference 2017

Where and When?

Date: Tuesday 23rd May 2017

Venue: National Coal Mining Museum, Caphouse Colliery, New Road, Overton, West Yorkshire, WF4RH

Why?

This conference is to celebrate the evolution and progress of Involvement in Secure Services in Yorkshire and Humber. The Yorkshire and Humber Network brings together service users and staff from 16 different hospitals that include NHS and private organisations providing low and medium secure care. The Network is about sharing best practice and collaborative working to improve the experience and quality of support that people receive.

Contributions welcome

All of the services in the Network are invited to contribute in the following ways:

- A Recovery song has been recorded and everyone is invited to contribute to the music video - please send us any footage or photos from your service with a recovery theme and this will be incorporated into a montage for the music video.
- Contributions towards a music CD to be played over lunch. Please record and send in for the CD.
- Any artwork that people would like to be shown over lunch on a screen. Please photograph and send in.
- 1 page! Information leaflet about your service created by patients and staff to form part of the delegate pack.

Deadline for submissions of any contributions:

Friday 28th April 2017—via email to: holly.alix@nhs.net

Event sponsored by Cygnet Health Care



Key Points of Day

Keynote Speaker

Julia Lee

Music

Songs, choir, band, performances

Theatrical performance

Workshops

Wayne Saville

Celebrations and fun!

The Evolution of Involvement Conference 2017



09:00 – 10:00	Arrival/ registration and refreshments
10:00 – 10:30	Getting in the spirit! Fun and Games
	Stockton Hall Recovery song and Y&H Network music video
10:30 – 10:45	Conference Introduction and Opening Holly Alix and Jo Harris – Yorkshire and Humber Involvement Leads
10:45 – 11:30	Key note speaker Julia Lee – Common Sense Initiative
11:30 – 11:45	Refreshment break
11:45 – 12:00	Cheswold Park Band – The Feisty Potatoes!
12:00 – 12:30	SWT - Involvement Evolution – The Play!
12:30 – 13:30	Lunch Break
13:30 – 14.15	Workshops Round One – Magician or Workshop choice Magician – Interactive Performance by Craig Stephenson Workshop 1 – ZooLab Jungle Room (live animal handling workshop) Workshop 2 – 'Trailer Trash!' - An Imovie Workshop (make your own movie) Workshop 3 – Underground Tour of the Coal Mine
14.30 – 15.15	Workshops Round Two – Magician or Workshop choice Magician – Interactive Performance by Craig Stephenson Workshop 1 – ZooLab Jungle Room (live animal handling workshop) Workshop 2 – 'Trailer Trash!' - An Imovie Workshop (make your own movie) Workshop 3 – Underground Tour of the Coal Mine
15.15	Refreshment Break
15.30 – 15.50	Cheswold Park Recovery College Choir
15.50 – 16.20	Final speaker – The Evolution of Secure Services Wayne Saville – EbyE Consultant Services
16.20 – 16.30	Stockton Hall Recovery song and Y&H Network music video
16:30	Conference close

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A little bit about us

Role

- Meeting with people and hearing about all the work that they are doing
- Inspiring people and hearing about new ways to get motivated
- Developing ways of improving experience of patients and staff
- Involving people in this and the bigger picture – strategy
- Finding ways to do this which makes sense in the real world—not just doing things that are supposed to be right
- Having fun and a laugh along the way - the process is more important than the outcome.

Jo Harris

I have worked as Yorkshire and Humber Involvement Lead for the last 10 years and I have really enjoyed seeing the changes and supporting service users and staff to be a part of them.

My background is as a mental health nurse. I have been qualified since 1996, and I have worked in various mental health settings and also in a research department. I have used mental health services since I was a teenager and so I have lots of perspectives which I try to use to do my job. I have a lot of fun at work and have qualified as a laughter yoga therapist. I also work as an Expert by Experience doing Care and Treatment Reviews.

Holly Alix

I have worked as Yorkshire and Humber Involvement Lead since the beginning of 2014 and I really enjoy working with you all on different projects – at Sandal Rugby club and within your services. It is a pleasure to be a part of this work and it never ceases to surprise and inspire me.

Before that I worked as a Project manager and Trainer for the York Mind charity and as Involvement Coordinator in a step down service for 4 years; as well as working in other mental health and learning disability services. I have an MA in Psychotherapy and I am a Mental Health First Aid trainer, as well as working as an Expert by Experience doing Care and Treatment Reviews.

We hope you all enjoy the Evolution of Involvement Conference today!



Julia Lee

Julia Lee was the first female qualified Rugby League Referee in Great Britain and Australia and had fifteen years' experience as a Match Official reaching professional and International honours. To date no female in the UK has surpassed my achievements as a referee.

Julia has worked at the Rugby Football League for 18 years beginning as a Development Officer in Leeds to eventually leading the Development Department to secure £29 million from Sport England. Later she was appointed to the role as the Director of the 2013 Festival of World Cups where over a fortnight a total of 25 teams from 11 nations competed in 47 matches at eight different venues.

Since April 2016 Julia has successfully formed her own business Commonsense Initiative so she can share her experience and stories to make positive differences.



I was sat in a room full of people that I hardly knew, at a venue I'd never been to before.

It was the first time that I had attended a Service User Group at Sandal. It surprised me to hear service users, their support teams and commissioners talk openly about what was broken within the "system". It surprised me even more when we, the service users, were asked how we would fix it? That was 7 years ago.

My name is Wayne Saville. I am a former service user from the Humber Centre, and I am diagnosed with Multiple Personality Disorders.

My own journey through secure services and out into the community wasn't a smooth one. It took me 3 attempts to get it right, but each time I failed, I learnt a bit more about myself and I identified what needed to change to try again. More to the point, the people who supported me the most, were there to pick me up, dust me down, and start over again. It would have been so easy for them to walk away disappointed, but they didn't.

I've been living in the community for 4 ½ years now, without incident!

Even though I'm living independently, it was important for me, to be able to continue my involvement with the service user groups that had supported me, and I continue to attend on a voluntary basis to share my experiences with my peers and their support teams, with the hope that if I can show that success is possible, we can inspire others to "dust themselves down and try again" when all hope seems to be lost.

Over the last 2 years, I have been identifying and developing roles for service user involvement. Service users are now valued and treated as **equals**, and the term "**Expert by Experience**" is a defined job description within Mental Health Services.

2 years on and I now co-produce and co-deliver training and awareness programmes throughout England to secure hospital care teams, to mental health students at universities and to overseas mental health services. In addition to that, I have just started to work in nursing recruitment at RCN Recruitment Fairs, as well as being involved in Preceptorship programmes.

The list goes on, and I'm here today to share this **Evolution in Involvement** with you.

Planning Group

This year we were very pleased to welcome Waterloo Manor, Stockton Hall and Clifton House to help us plan the conference. We met a number of times from the end of the year to the conference date and rotated meetings around the different services. The planning group helped with everything and without them this wouldn't have happened at all! The only things that was pre-decided was the venue—The National Coal Mining Museum.

All 3 services did so much to help plan and deliver on the conference and so we just want to take this opportunity to say a MASSIVE THANK YOU to all the service users and staff who gave up their time, energy and resources to support such a fantastic day! Everyone came up with so many great ideas and had so much input—here is just a small amount of the things that people did!

Waterloo Manor came up with the Wright Family game to get everyone warmed up at the beginning of the day, as well as buying and wrapping all the gifts to make the game work—even buying seeds with the conference info printed on, and evolution themed animals!! They also suggested and organised the Zoolab workshop which was an incredibly popular choice! Charlotte from Waterloo was also our official Conference Tweeter and Greeter on the day, even running competitions to get everyone tweeting as much as possible.

Clifton House spent ages painstakingly cutting out leaves for the Evolution Tree—see the pictures below! It looked fantastic! They also attended all of the planning groups as well as many of their service users providing a lot of the art work for the slideshow that was shown over lunch. They photographed all of the art work to provide this. Art work was also provided from their sister service the Newsam Centre.

Stockton Hall ran one of the workshops on the day which went down a storm—the Imovie Trailer Trash workshop! They also provided a tree (!) and shopped for all the props. As well as this they spent a lot of time and creative effort producing, writing and singing a song called “Recovery”—you can find the lyrics of this on page 9, as well as getting loads of different people involved in being part of the music video! They also put together a music CD of service users singing to play over the lunch time with all of the art work provided by different services from around the Network.

A final shout out to the Humber Centre, who although they were not part of the planning group this year, agreed to provide all of the table decorations and table names once again after the success of last year! Everyone loved them, and we know it was a lot of hard work to make them all! To everyone involved—Thank you again!





Conference Introduction and Opening



- Last years conference – Celebrating a Decade of Involvement



- This years conference – Looking to the future and the Evolution of Involvement



WELCOME

Holly Alix and Jo Harris

Yorkshire and Humber Involvement Leac

5 Year Strategy in the making...

- Increase involvement
- Opportunities to facilitate Group Work
- Opportunities to Present
- Opportunities to facilitate Team Building Activities
- Increase Motivation to be involved
- Make everything more accessible and meaningful
 - Podcast
 - Newsletters
 - Imagineer



- Today is a celebration about the future and whatever that may bring!
- We are on this journey together, everyone gets on and off at different points.
- Choice
- Helping each other to feel included
- Understanding how services can work together to improve everyone's lives - staff and service users

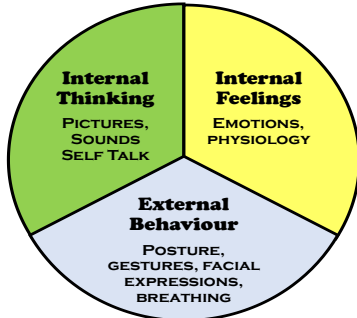




The Right Man for the Job

Julia Lee

Mercedes Model - 'Our State'

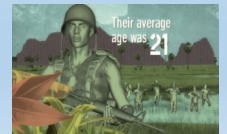


Making positive differences

1970's/1980's Second Wave of feminism - equality pay; domestic violence; abortion; sexual harassment.



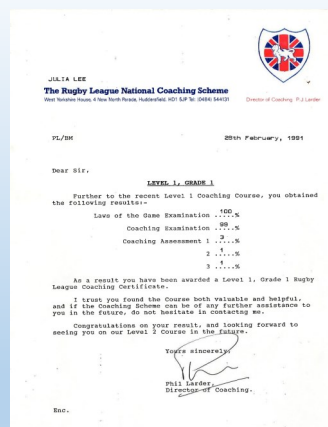
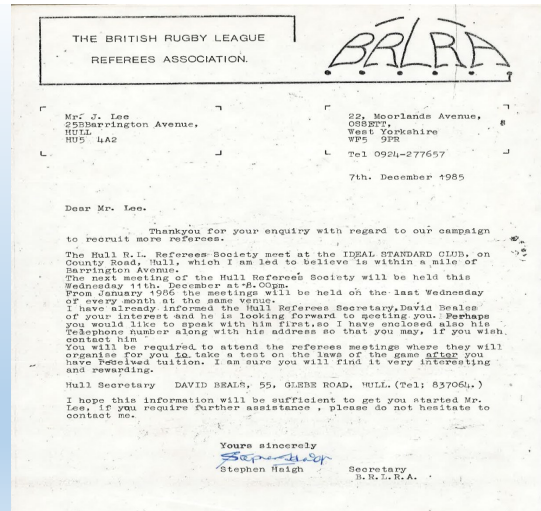
Sally Ride first women in space



Wembley
3 May 1980



Hull KR 10
Hull FC 5





ge: Julia Lee, 29, who last night became the first woman to have the 'huge honor' of being named captain of the Leeds Rhinos for the first time in the club's 100-year history. Match report, page 27 Photo: Chris Jones

Independent 10/3/98



3rd Test Carlaw Park Auckland John, Julia and Charlene



LEEDS RUGBY LEAGUE 2008 rugby league & League Express • www.rugbyleague.co.uk

Rugby League set for growth with Sport England boost

By Chris Jones

RUGBY LEAGUE has an unparalleled opportunity to grow into a truly national participation sport following the decision by Sport England last week to award a grant of £20,000,000 to develop the grassroots of the sport, which will cover the four-year period from 1 April 2009 to 31 March 2013.

The award to the RFL is part of an investment of £480 million to 40 sports governing bodies, with awards being made on the basis of each sport's ability to increase the number of people playing and enjoying sport, and to create development pathways for those with talent.

Each sport's governing body was invited to bid for the funds on the basis that they could help achieve Sport England's objectives: to increase the number of people participating in sport, either in school or out of school, with schools themselves expected to provide at least two hours of that weekly experience.

The RFL applied for a grant of £20 million, but RFL officials are delighted with the outcome of the bidding process.

The funding represents a significant RFL, which has received just over £18 million in the four-year period that ends on 31 March 2009.

The increase in funding has put rugby league into third place, behind only cricket and rugby union, in terms of the quantity of funding it will receive over the next four years from Sport England.

The award comes in response to the RFL's 'Whole Sport Plan' a 200-page document that it submitted to Sport England earlier this year.

The RFL will use the funding to increase the overall participation in the community game. None of it will be spent on support the England national team.

"That it will be used to sustain and develop the RFL Facilities Strategy, and to increase the number of



With Sport England helping to fund Rugby League expansion, we can expect to see more children playing the game in their schools in future.

community sport coaches who deliver school-to-school links programmes and enhanced coaching development programmes.

"With this level of funding award, the RFL's Whole Sport Plan has been robust and detailed, and its high quality," said RFL chief executive Nigel Wood.

"The level of funding also reflects the confidence Sport England has in the RFL to deliver its objectives. This reputation has been earned by our collective efforts and achievements in recent years."

Sport England's Chief Executive, Jennie Pease, said: "Sport England has worked hard to ensure that our bid has been awarded investment in grassroots sport delivers value for money and, importantly, reaches the most disadvantaged."

"We believe that our partnership approach with national governing bodies, and other parts of the sporting landscape, will capitalise on London 2012 and leave the first ever grassroots sporting legacy from an Olympic and Paralympic Games."

"Together we are building the firm foundations of a world-leading community sport system."

The Secretary of State for Culture, Media and Sport, Andy Burnham, who is also the MP for Leigh, said: "Ahead of 2012, we have a once-in-a-lifetime opportunity to get more people participating regularly in sport. This will be a tough challenge, but with this huge investment in the broadest range of sports, we believe it can be done."

"It was a world-leading community sport system in this country, driven by the expertise of our national governing bodies, working with Sport England. This will ensure excellent sports clubs, quality facilities and more opportunities for people to get involved in sport."

"According to Sport England, 'Rugby League not only plans to increase its adult male spend through bilateral alternatives such as tag rugby and the Masters of League for the over-50s, but also to expand beyond its traditional and at a faster rate than other sports'."

A Sport England spokesman told Rugby League Express: "The RFL has demonstrated that they have the ability to achieve Sport England's strategic objectives. The assessment process was very thorough and fair, it had to be with 40 different sports. The RFL's plan looks very promising, and we will work with them to get value for money, and to get more people participating in the game."

❖ Mercedes Model; Think; Feel; Behave

❖ We are influenced by the world around us and what happens to us

❖ What Makes You Tick

❖ Living Values & Beliefs

❖ Visit the unfamiliar it is an opportunity

❖ Be the best you can be

❖ Positive Behaviour = Positive Results



**REAP
WHAT YOU
SOW**

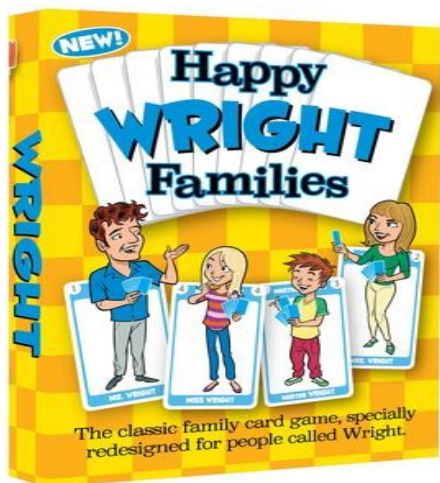


Julia Lee Director

Julia.lee@commonsenseinitiative.co.uk

07740634082

We started the conference by playing the Wright Family Game that Waterloo Manor came up with! This got everyone talking to each other and laughing and was a great ice breaker. Loved the Evolution themed prizes from Waterloo as well to go along with the game! Thanks Waterloo Manor!



The Wright Family Game



We had 2 amazing musical performances from Cheswold park! The first one was their band The Feisty Potatoes! Many people were singing and dancing along to the music. In the afternoon we then heard from their Recovery College Choir—Melodee and the Majors! Once again this got everyone involved and the feedback for both of these was absolutely fantastic! Thank you Cheswold Park!!

CHESWOLD PARK!



BAND!

CHOIR!

Stockton Hall put together a music video that starred many people at Stockton Hall as well as many others from across the Network—some filming took place at Sandal Rugby Club and it was great for everyone to see themselves on the video! This was to go alongside their Recovery song which was brilliant—I think everyone was singing it for ages afterwards...”Recovery, be the best you can be...” Thank you Stockton Hall! (see full lyrics below!)

Stockton Hall Recovery Song!



• Yorkshire and Humber Network Music Video



Someone asked me
 If I had ever heard of recovery
 I said, No! Why?
 She said come with me I want to take you for a ride
 So I hopped on board and I fastened myself in
 It's gonna be a bumpy ride I hope that I can swim
 I started to think about what's important to me
 The changes to make to be the best that I can be

Whoooooo whooooooo?
Whos gonna stop me now?
Coz I cant do this all on my own

Recovery!
Be the best you can be
Don't let the bad times bring you down think positivity
And when you believe
The things you'll achieve
Will make your world a better place
Just think recovery for me!

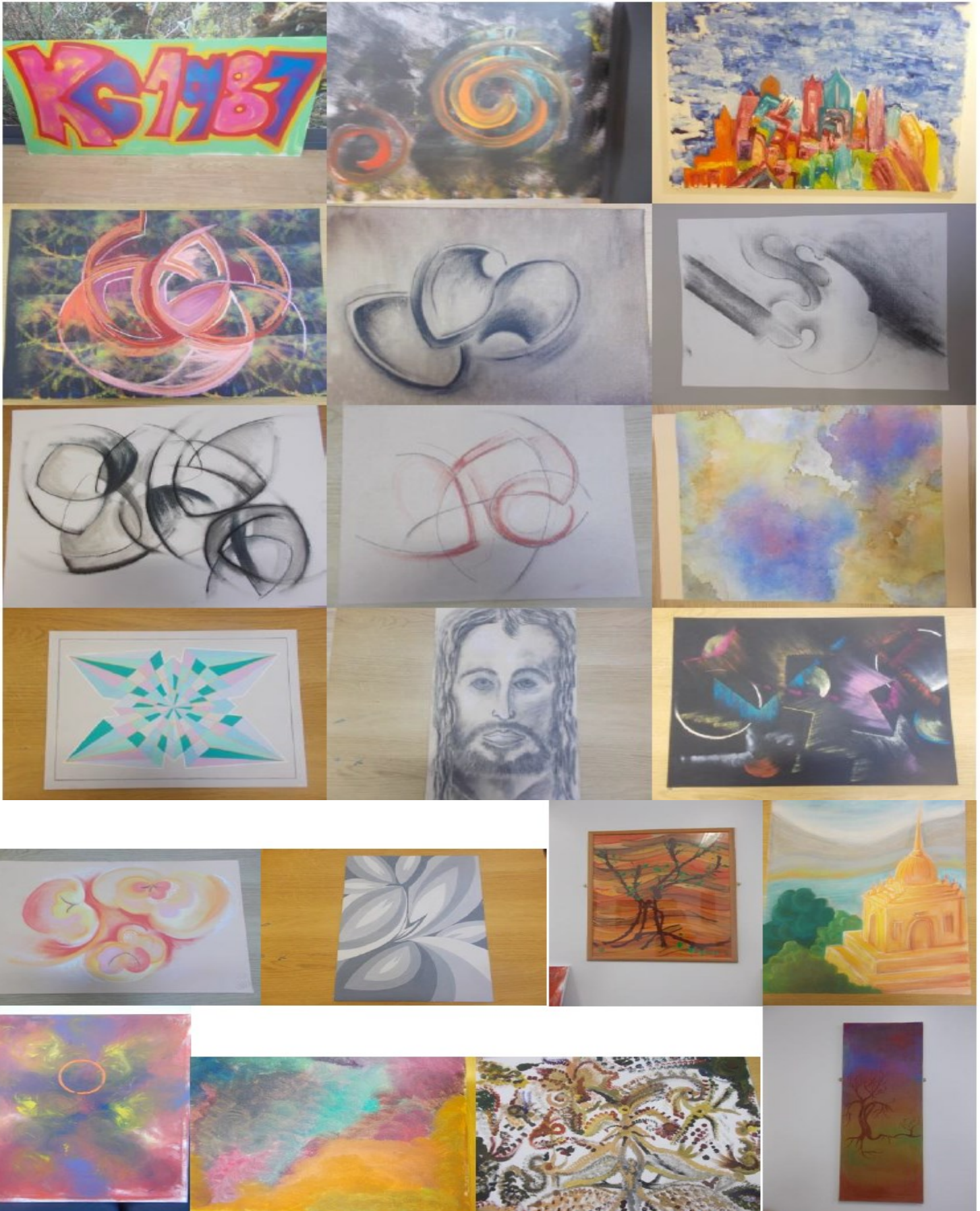
With my family
 Is where I'd really like to be
 Doing activities
 Like going to the cinema now that's my cup of tea

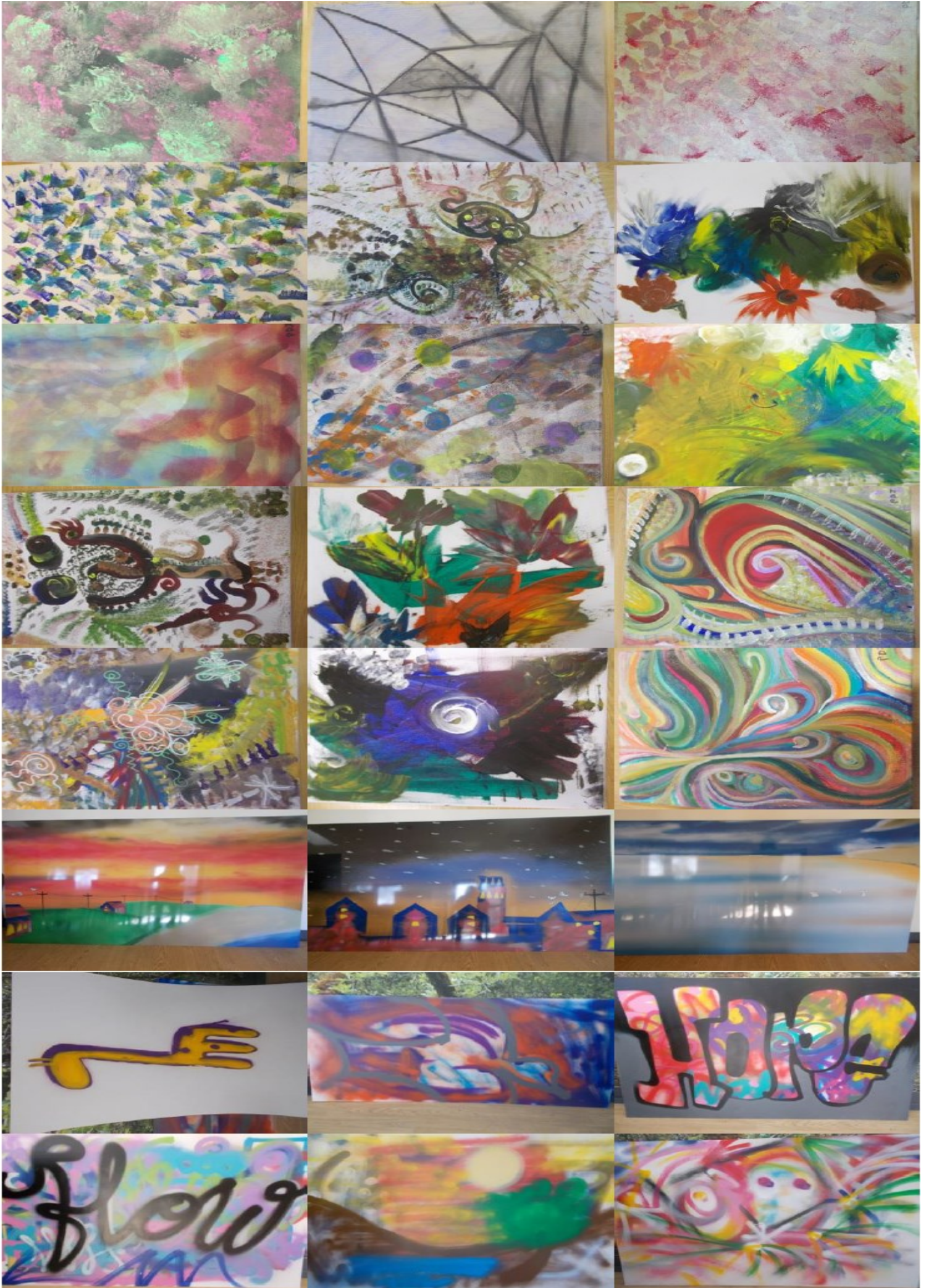
Whoooooo whooooooo?
Who's gonna stop me now?
Coz I can't do this all on my own

Recovery!
Be the best you can be
Don't let the bad times bring you down think positivity
And when you believe
The things you'll achieve
Will make your world a better place
Just think recovery for me!

Recovery!
Be the best you can be
Don't let the bad times bring you down think positivity
And when you believe
The things you'll achieve
Will make your world a better place
Just think recovery for me!

Selection of service user art work shown over the lunch break accompanied by service user recorded music. Sent in from services across Yorkshire and Humber—put together by Stockton Hall—Thank you to everyone involved.





Workshops!

Afternoon Session – Workshops

Underground Tour

www.ncm.org.uk



- 1. Magician – ● Main Room
- 2. Zoolab - ● Education Room 1
- 3. Imovie - ● Education Room 2
- 4. Underground Tour – ● (Assemble early)



Magician Craig Stevenson

<http://www.craigsmagic.co.uk/>



Zoolab Jungle Room

<http://www.thezoolabjungleroom.com/>



Amaze Educate Inspire



You can follow us on Twitter

@YumberNetwork

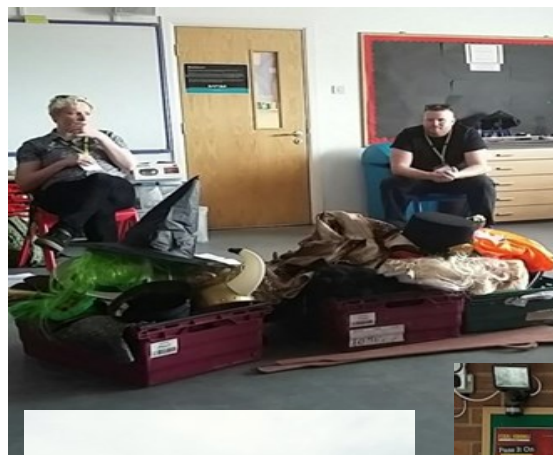
#Yumber17



WORKSHOPS
WORKSHOP
INFO

Imovie—Trailer Trash

Stockton Hall





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Experts by Experience

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The Evolution of Secure Services



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Wayne Saville!



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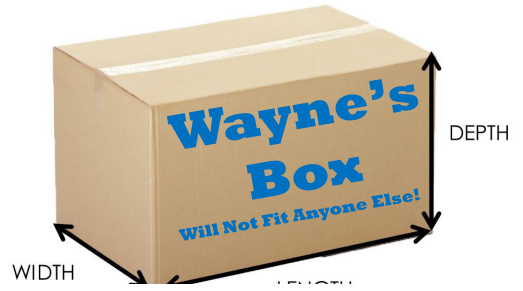
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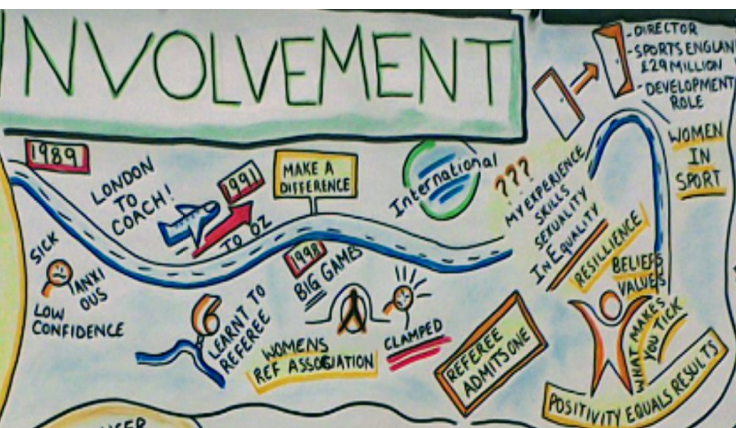
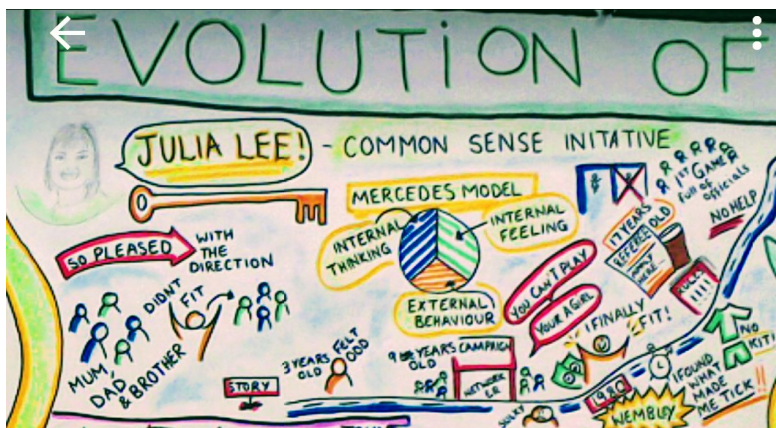
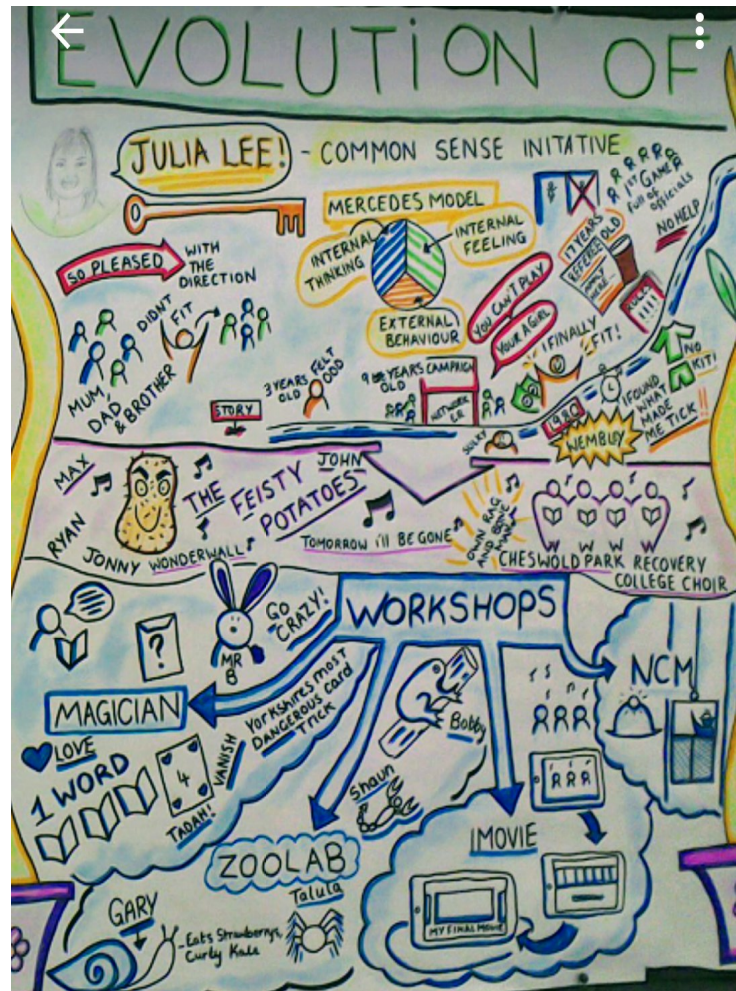
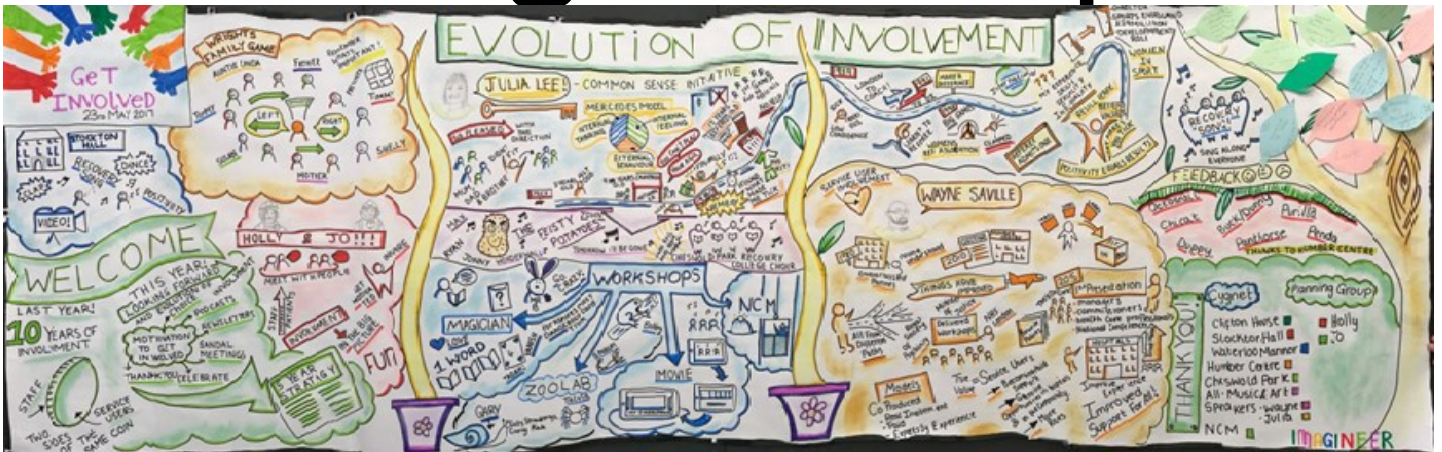
A few pictures from the day

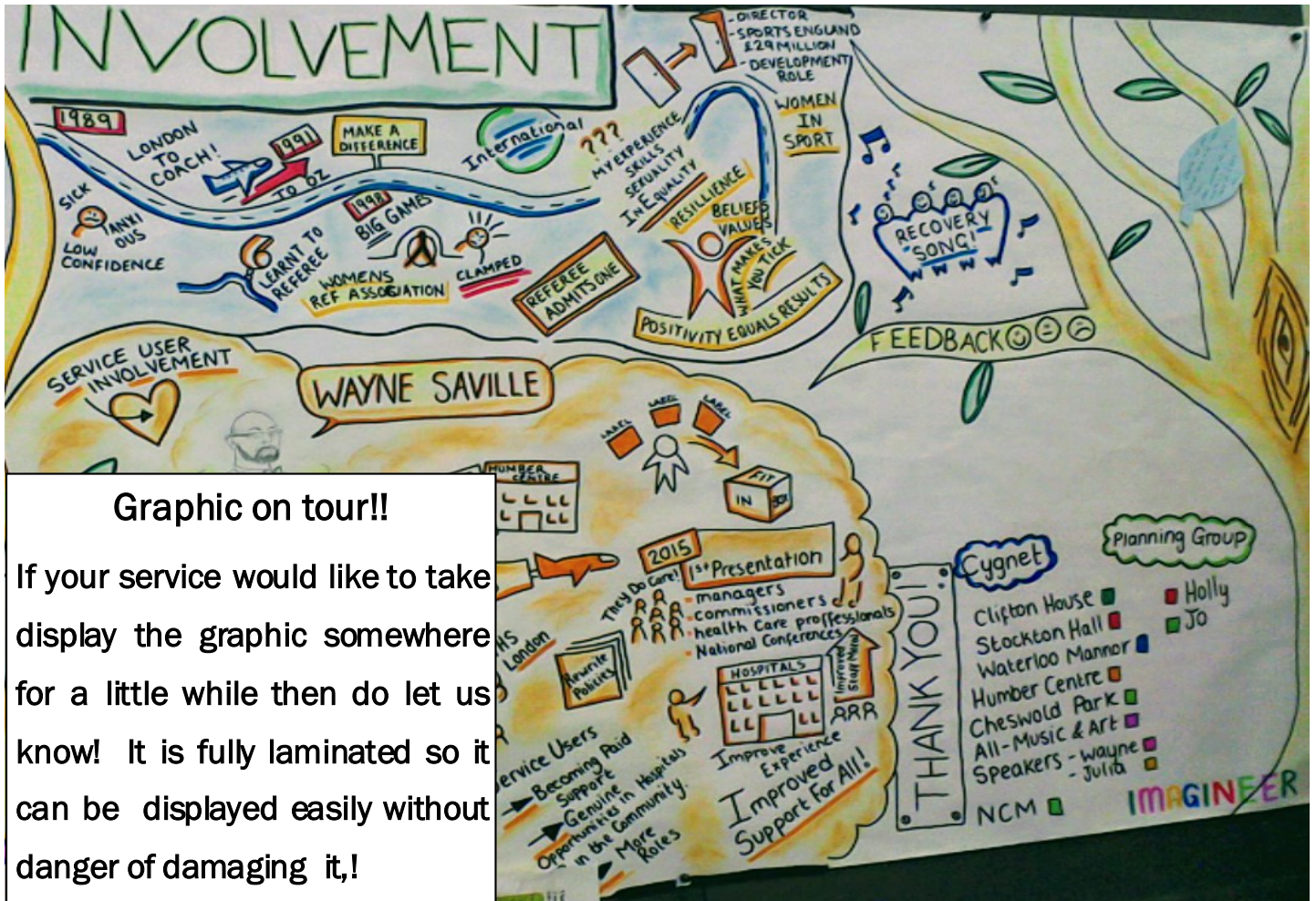


A few more pictures from the day



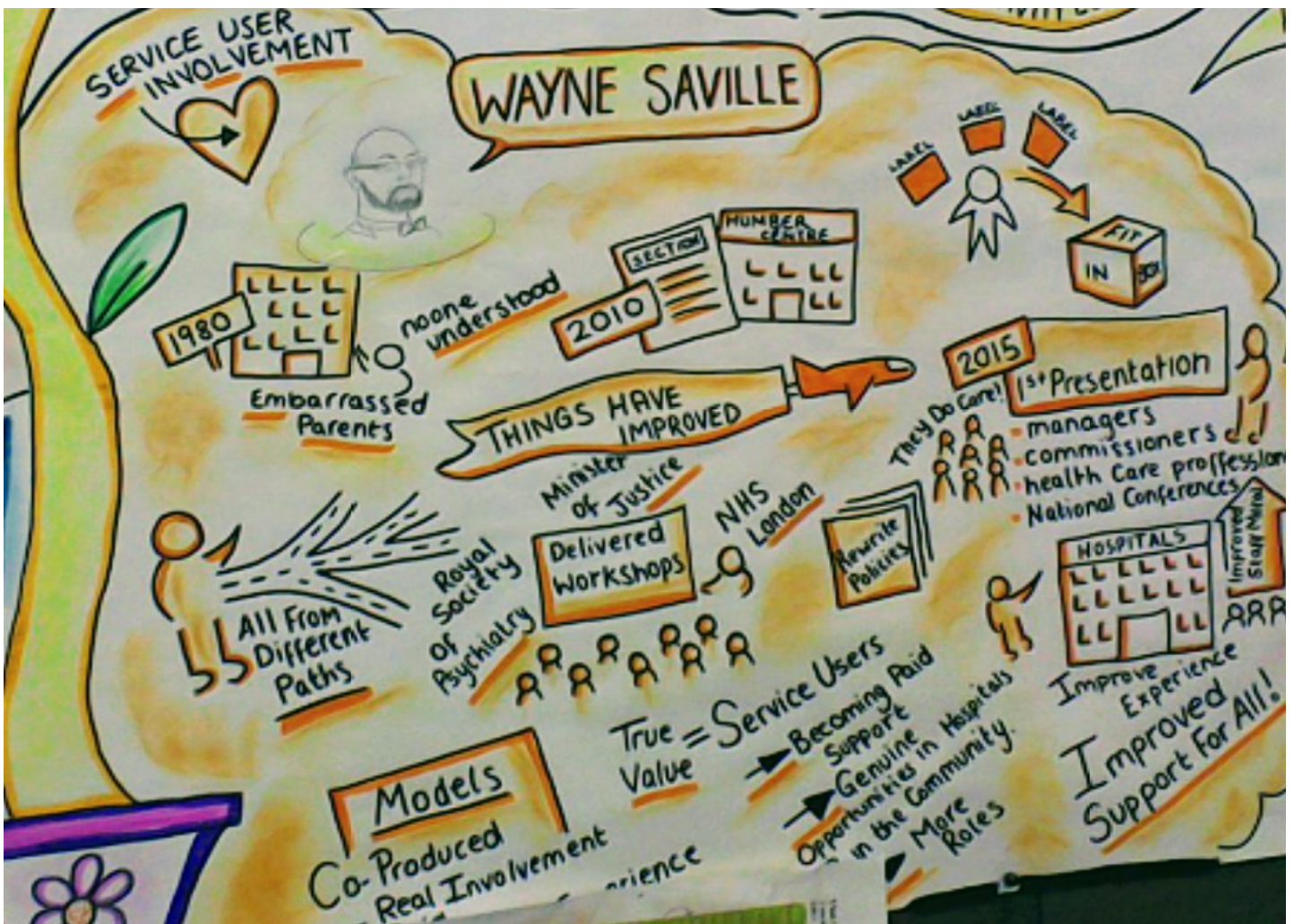
The Imagineer Graphic!!!





Graphic on tour!!

If your service would like to take display the graphic somewhere for a little while then do let us know! It is fully laminated so it can be displayed easily without danger of damaging it!



My Story

I've been a patient here in Stockton hall for the past three years. I was very nervous before coming as I didn't know what to expect, but on arrival everyone was welcoming. The staff have all been very supportive.

My favorite part of Stockton is the Galtres and the O.T department. As keeping busy is the best. I work in the café twice a week, which is a real work opportunity a paid role, I also enjoy woodwork as I'm very capable and am given responsibility. I enjoy animal care it makes me want my own pets when I get out.



The recovery college gave out over 100 certificates for people completing courses last term! We hope to give away lots more this summer!



STOCKTON HALL HOSPITAL



REACH
Recovery College



ABOUT US

STOCKTON HALL is a medium secure hospital for both males and female patients. Our hospital covers a wide number of services from personality disorder to mental illness, autistic spectrum and learning difficulties. We have a female ward which is dual diagnosis

The main hall where the admin staff work, was built between 1750 and 1780. It has been a family home, boys borstal and is now a hospital.



OCCUPATIONAL THERAPY SESSIONS



Woodwork is a chance to learn a new life skill. Its helpful if you need to fix things in your own house, or want to make something personal for family or friends.



In cooking sessions you can learn to cook food for yourself. We also hold family and friends days where patients can have a meal with their families. We cook all the food from scratch!



At Stockton hall we have, 3 guinea pigs, 2 ferrets, a rabbit called teddy, a budgie and lots of goldfish. Patients enjoy playing with the animals and taking care of them.



We have a garden which we grow vegetables and flowers. We have won competitions for our produce! The patients made this whole garden!



We have a recording studio where patients can write and record songs. We wrote the song for this years conference!



We have a huge gym and sports hall where you can play loads of different sports. We also have a swimming pool and a football team which plays in the Hull inclusion league, it looks like we will come second in the league this year!

REACH

Recovery College

Our recovery college is into its second term now and we have over 140 course places signed up for!

Family tea party 2017



a: Waterloo Manor, Selby road, Garforth, Leeds LS25 1NA
 t: 0113 287 6660 w: inmind.co.uk



Waterloo Manor

Low secure

Cedar – 12 beds

Provides treatment and recovery,
 For women with Personality Disorder diagnosis.

Maple – 13 beds

Providing treatment and recovery,
 For women with complex mental illness needs.

Rehab

Larch- 7 beds:

Enhanced Rehabilitation

Hazel Suite – 14 beds:

Locked Rehabilitation

Lilac House – 5 beds:

Open Rehabilitation

Holly House – 4 beds:

Locked Rehabilitation



**Platinum Circle
 Recovery College**



- Community meetings
- One Voice Forum
- Service user Representatives on the wards, at Governance and recruitment
- Recovery College Room with internet café & library & shop (The Manor Tuck)
- Recovery College every Wednesday!
- My Shared Pathway (care plans, ward round & CPA)
- Salon with hairdresser every 6 weeks
- Cinema room
- Gym (in hospital and community including swimming)
- Skills kitchens and cooking
- Walking groups
- Horse grooming group
- Daytrips
- Charity days
- Carers Newsletter and Forum Days
- NSUA's finalist 2017



Newton Lodge

At Newton Lodge you receive the support you need to achieve your goals and aspirations. It will hopefully be your first step towards your future independence and recovery.

At Newton Lodge we recognise that we have a responsibility to provide you with high quality care and treatment to achieve the best outcomes possible. We want you to feel involved and informed throughout your recovery journey with us.

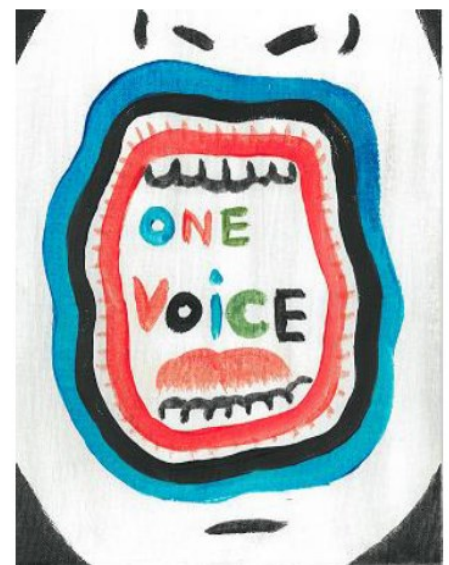
First of all, Newton Lodge is not a prison; it is a hospital where you receive help and support in your recovery from a number of different professionals.

There are various wards for people at different stages of their treatment and care and lots of ways to keep busy at Newton Lodge. Staff are pretty good at getting people involved in therapies and to participate in activities including sports, education and hobbies. Other service users are generally warm and receptive and staff are helpful and supportive.

There are lots of opportunities for service users to get involved including the 'One Voice' dialogue group, ward based community meetings and regular focus groups and workshops where service users and staff are consulted on a wide range of relevant topics and service developments.

Service users who act as involvement leads or 'representatives' are also invited to attend management meetings and other regional events along with service users from other secure mental health services across Yorkshire and Humber. Each ward has identified service user involvement representatives who are supported by staff. All service users are encouraged to contribute to service developments, provide feedback and 'get involved'.

We aim to ensure that all service users feel valued empowered and supported during their time at Newton Lodge.



Bradley Woodlands Low Secure Hospital



What we are?

We are a 23 bedded mixed gender hospital for people with learning disabilities. Although we have two wards it functions as one. We have 9 single sex apartments, which surround a courtyard, these have up to four beds in each. Each apartment has its own kitchen and we have the opportunity to use the kitchen regularly to make drinks, snacks and be involved in cooking the meals. Some of us are also able to go and do the food shopping at a local supermarket.



Where we are?

We are based a village just outside of Grimsby in North East Lincolnshire. Although we are close to town and shops we are surrounded by woodland and in the countryside so the views are nice all around the hospital. The hospital is also close to the seaside so we are able to visit Cleethorpes regularly all year round for walks along the beach or fish and chips. Cleethorpes is also where our nearest Cinema and Bowling Alley are. We are within walking distance of some local shops.

What do we have?

We have two activity rooms which are used for sessions such as meal prep, creative sessions and host the recovery college. We are in the process of having a new computer room/social room within the hospital. We have a sports hall which is big enough to play badminton and small sided indoor games, exercise equipment such as exercise bikes and a pool room. Our sensory Room has also been refurbished in the last couple of years.

What activities do we do?

Activities include computers, meal prep, bingo, photography and have a brunch club on a weekly basis. Brunch club serves cooked breakfasts to staff and service users and service users have work opportunities such as working on the till, washing up or serving drinks. We also have an Aromatherapist visit regularly and are able to book sessions with her.

Within the community we are able to go to the local shops, go to Grimsby town centre for shopping trips, watch football at Blundell Park, go Bowling, go to the cinema, have pub trips and café trips. We have also been on some day trips such as to theme parks, zoos or to visit Donna Nook where seals come to give birth in December each year.

What's Involvement like at Bradley Woodlands?

We have a weekly involvement forum which all patients and staff on shift can attend. We usually have a topic for each week and do some group work based on this topic. We usually have a chance to discuss anything else at the end of the meeting. The changes we have been able to make from this meeting have included access to iPads, having mobile phones within our apartments, attending the whole of our MDT meetings, organising family events, allowing some visitors into the apartments to see the rooms and recently reintroducing the ability for us to order takeaways.

Other involvement opportunities we have include being on the interview panel when people come for a job interview, being an expert by experience for the recovery college and attending different CQUIN focus groups.

Feedback

Thank you for all your wonderful feedback and such lovely comments about the day :-) Here is a selection of some of the feedback.

And as always—if anyone would like to make a contribution to any of our newsletters then please send any articles, poetry, art work etc. to holly.alix@nhs.net or ask a member of staff to send it in on your behalf.



Excellent (4) Good (3) Average (2) Poor (1)

Overall

Quality of Event	47	15		
Quality of Speakers/Presentations	46	16		
Structure of Programme	45	17		
Quality of Venue	48	14		
Convenience of Venue Location	38	20	3	1
Quality of Catering	36	23	3	
Quality of Information received in advance of event	40	20	1	
Organisation on the day	46	15	1	
Length of the conference	32	28	2	

Comments

A very good day , well put together and I will come again
 Enjoyed everything throughout the day
 I really enjoyed myself, it was great
 Good content, Well organised day
 Amazing - especially Wayne - truly inspiring
 Its been a very good day all day
 I have had a very good day, I would love to come back next time
 Loved the animals!
 The environment and the conference was excellent. Well done
 Well done. Fabulous!
 I really enjoyed everything. The speakers were amazing and the feisty potato were excellent. I felt a little out of my comfort zone in the Imovie but after participating I haven't laughed so much. I also enjoyed the magician

Well put together. Great speaker in Wayne makes a service proud
 Fantastic day for everyone involved. Well done all the planners
 Very good structured day with plenty on offer. Impressed with the music and attended the zoo which was interesting.
 Overall it has been a very good day
 Great day. Thank you
 I thought the singers were brilliant
 Excellent information regarding other services and the workshops
 Great day - we are not staff and patients here - we are just people
 Thoroughly enjoyed the event, great to meet new people and share new experiences. Great to see some old faces too!
 This is a very good venue and I enjoyed the presentations

Comment on the best/most useful aspect of today's conference

The Band - Stockton Hall

Team building was excellent and brought us together as one.
"Two sides of the same coin"

All was good

Magician and Zoo

Making a film

All aspects were excellent

Can't decide - all fab!

Great day, very enjoyable and interactive. Not boring at all.

Continually engaging throughout

I really enjoyed the feisty potatoes they were an excellent band. I found the workshop very useful

Magic workshop was very entertaining thank you. Zoolab - Caz was very knowledgeable and interesting. Imovie - I didn't take part in this but people I saw had huge smiles on their faces!

Listening to other people. Learning about other services

Great shows animals and food

The fact that it was a very good day with a good attendance

I thought the Cheswold band, the Feisty Potatoes were brilliant

Workshops were interactive and informative. Magic was entertaining!

Julia Lee - Not giving up. Being different isn't bad

Magic

Seeing the collaboration of service users and staff - band and choir

Imovie workshop

Zoolab - Overcame some fears! Loved the Feisty Potatoes performance - got everyone involved and motivated

Making the film

Many thanks to Holly and Jo for all the effort they put into making all parts of the recovery and outcomes meeting/conference etc. Great to work with and hopefully changing lives

All the informal stuff bringing service users and staff together - the band, workshops etc.

Imovie workshop

I enjoyed Zoolab and the magician

Zoolab workshop was good

Watching magician

Food and refreshments throughout the day. Interactive workshops and music (band and choir) made the day very enjoyable

All aspects of today were relevant to the Yorkshire and Humber recovery outcomes

Fun and entertaining

The workshops were fantastic

Everything it was all really good

The magician was good although not the most relevant

The Food xxxxx

All of it! Even the mine - I'm not a fan of it but great

Speakers

The speakers and entertainers were excellent

The speakers did excellent work in organising this event.

Well done Holly and Jo

Really enjoyed the presentation by Julie

Julia Lee was very inspirational, as was Wayne. Good choice of speakers to reflect topic of conference

Wayne - His presentation blew me away. To hear his story as he stood so proud made me feel proud to be a part of the healthcare system today delivering care. He made me want to better my care for survivors like him.

Julia Lee - Brilliant presentation about the Mercedes model

I enjoyed listening to Julia Lee and Wayne Saville. They were both very inspirational and gave me a lot to think about

The feisty Potatoes were great!

All the presenters were really good

Wayne's presentation, as always was very impressive and inspirational

Wayne give a very good topic

All speakers were fantastic

Really enjoyed Wayne Saville - could have listened for ages! Struggled to see how Julia's bit was relevant, but to say I don't like sports I really enjoyed it

Interesting - especially women referee

Loved Wayne's story

Excellent especially Wayne

Wayne Saville was very motivating. Excellent band

I thought Wayne's presentation was very interesting

Wayne Saville : Fantastic

Both speakers very good. Topics covered were both relevant to staff/service users

Wayne's speech extremely inspirational

I loved the rugby league woman

Wayne Saville's speech was amazing

Wayne's presentation showed how much and how far secure services have progressed

Julia Lee and Wayne Saville proved that you can achieve what you would like to do (your goals) to never give in because there's always a way



Thank you!

- Cygnet – Our Sponsors!
- All of you!
- Planning Group



- Clifton House
- Stockton Hall
- Waterloo Manor

- Imagineer
- Humber Centre – Table names!
- Cheswold Park – Band and Choir
- Everyone who sent in Music and Art!
- SWYT – The Play!
- Speakers

- Wayne Saville
- Julia Lee

- National Coal Mine



Thank you so much to Cygnet for sponsoring the event, and for all your help in the run up, on the day itself and afterwards with collating all the feedback as well! We couldn't have done it without you!