

# HUMBER NORTH YORKSHIRE PROVIDER COLLABORATIVE

YORKSHIRE  
AND HUMBER  
INVOLVEMENT  
SERVICE

NEWSLETTER 13  
NOVEMBER 2023



Yorkshire and Humber  
Involvement Network

Yorkshire and Humber  
Involvement Network

# GET INVOLVED!

FIND EVERYTHING FROM OUR  
LAST MEETING INSIDE

SERVICE USER  
INVOLVEMENT AWARDS  
2023

PLUS A CHANCE TO  
WIN AN AMAZON  
VOUCHER

# CONTENTS



**WELCOME** - PAGE 4

PAGE 5 - **THE PROVIDER COLLABORATIVE**  
**WHO ARE WE?**

PAGE 12 - **HEALTH INEQUALITIES**

**MEANINGFUL ACTIVITIES** - PAGE 14

PAGE 17 - **GET INVOLVED**

**NATIONAL SERVICE USER AWARDS**  
**COMMUNITY FOOTBALL**

**COMPETITION** - PAGE 19



**At** the last meeting services delivered their **SeQuIn** tool action plans and what progress they had been making. We watched lots of lovely slide shows and some amazing films to demonstrate this.

We had a **SeQuIn** summary as well as the new schedule along with updates from the Provider Collaborative and the Yorkshire and Humber Network.

We also spent some time looking at the results from the single point of access questionnaires. Most importantly we met, we shared and we had a good old laugh.

Please enjoy our latest edition of the Newsletter and we will see you around at some point soon.

Contact Us For More Information  
[hnf-tr.involvement.network@nhs.net](mailto:hnf-tr.involvement.network@nhs.net)

[w.yorkshireandhumberinvolvementnetwork.nhs.uk](http://w.yorkshireandhumberinvolvementnetwork.nhs.uk)

# WELCOME

**HUMBER CENTRE  
CLIFTON HOUSE  
STOCKTON HALL**

**HUMBER NORTH YORKSHIRE PROVIDER COLLABORATIVE  
YORKSHIRE & HUMBER INVOLVEMENT SERVICE**

**And all guests**



Humber and North Yorkshire  
Specialised Mental Health, Learning Disability and Autism  
Provider Collaborative



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# Provider Collaborative

## Getting to know us



Humber and North Yorkshire  
Specialised Mental Health, Learning Disability and Autism  
Provider Collaborative

## Gareth Flanders



I am the Associate Clinical and Quality Director for the Provider Collaborative. My role is to ensure you have the best clinical care possible.

I really enjoy visiting antique and salvage yards, finding bargains and repairing old furniture.

**Clinical Lead for the Adult  
Forensic Secure Provider  
Collaborative Humber North  
Yorkshire**

## Sharon

My role is to ensure that clinician and service user voices are heard and inform all our decisions about developing the best pathways of care through forensic inpatient services into the community.

I enjoy socialising, walking, cycling, travelling, reading, occasional flying lesson, and silly dancing with my son.



# Provider Collaborative

## Getting to know us



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## Clare Whitton

I am the Clinical and Quality Director for the Humber North Yorkshire Collaborative Planning and Quality Team (CPaQT). I am also a Consultant Clinical Psychologist.

I enjoy Yoga, holidays and films from the 1980's as well as a good old cream tea.



Mel

## Bradbury

I am the Collaborative Planning Director for the Collaborative Planning and Quality Team in Humber North Yorkshire.

I enjoy Playing golf and spending time with family. Films I enjoy are The Breakfast Club, Pretty in Pink and any Star Wars!

# Provider Collaborative

## Getting to know us



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Provider Collaborative

## Steve Shaw

I am the Head of Adult Secure Care for the Humber and North Yorkshire Collaborative Planning and Quality Team (CPaQT)

Favourite Quote; 'Some people want it to happen. Some people wish it would happen. Others make it happen. Michael Jordan.'



## Holly Cade



### Involvement Lead:

Humber North Yorkshire  
Provider Collaborative  
including:

Humber Centre, Clifton  
House, Stockton Hall

Specialty Interests:

Facilitation, learning and  
development, service improvement

Other interests:

Fitness, cooking and baking,  
holidays and diving (scuba!), dog  
walks with my dog Lyla & Going on  
bear hunts!

# Provider Collaborative

## Getting to know us



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Specialised Mental Health, Learning Disability and Autism  
Provider Collaborative

## Dominic Welburn

**Involvement & Engagement  
Coordinator**

HNY services (Inspire Hull, Mill  
Lodge, Schoen Clinic,  
Rharian Fields)



Speciality Interests: Personality  
& Motivation

Hobbies: Table tennis, Football,  
Gym, Gaming and Learning

## Involvement & Engagement Coordinator

Responsible For  
Humber North Yorkshire

The Humber Centre  
Clifton House  
Stockton Hall



## Scott Atkinson

I enjoy music, films and being active



# Provider Collaborative

## Getting to know us



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Specialised Mental Health, Learning Disability and Autism  
Provider Collaborative

## Jo Harris

For those who haven't already met me in my job in the Yorkshire and Humber Involvement Team over the past 10 years 🙌

I now have a new role 2 days a week working with the Collaborative Planning and Quality Team (CPaQT) in the Provider Collaborative, as the Head of Lived Experience and Involvement 🐾



Hello Everyone I'm Maria Pink  
I'm the Head of Quality and Case Management. I work with the CPaQT ensuring people receive the highest standard of care possible whilst in the services.

I hold a case load and attend patient's reviews and work with MDTs and community teams to ensure care is in the least restrictive environment and treatment is being received.

## Maria Pink

# Provider Collaborative

## Getting to know us



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# Raph



Case Manager for CAMHS and AED services.

My favorite things are: My family, Football (Middlesbrough FC!), Music, Film and TV.

I like playing football, running (sometimes), making pizza. I like listening to The Beatles, Rolling Stones, Coldplay, Tame Impala, Arcade Fire, The Black Keys

Case Manager for adult secure services , my case load is predominately individuals with LDA but I also hold a case load of individuals who have MI.

My favourite things are my 4 Children & 3 Grandchildren (counting as 1 choice), chocolate, giraffes, my dressing gown and wine (not necessarily in this order!)

# Jenny



# Provider Collaborative

## Getting to know us



Humber and North Yorkshire  
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# Laura

I'm the case manager for adult secure.

My favourite things are my dogs Dotty and Ozzy, socialising, trying to do up my home!, holidays and eating sweets.

I enjoy walking, eating out, seeing new places

Favourite film is A Star is Born



IF YOU SEE ANY OF US AROUND  
YOUR HOSPITAL, THEN PLEASE  
COME AND SAY HELLO!



# Health Inequalities

## Group Work



### We asked services to feedback on the six points below

1. Are you able to access a GP when you need to?
2. Are you able to access a Dentist when you need to?
3. Are you able to access an Optician when you need to?
4. How are you supported when you are feeling physically unwell?
  1. E.g., Access to pain relief, advice and support
5. Have you ever had a Well Man/ Well Woman check?
6. Are you able to access the national screening programs?
  1. E.g., Cervical screening (age 25-64), breast screening (age 50+), bowel screening (age 60+), prostate screening (age 50+)

### Stockton Hall

**2** routine 6 monthly checks at surgery or within hospital observation checks are done regularly

**3** Annual eye checks regular diabetes, follow ups for certain patients.

**4** Yes, access to pain relief and support extended wait to get temp prescriptions

**1** Not exactly - a long wait and no cover for holidays or illness. She comes in irregularly. Transparent track of communication and transfer of notes an issue/finding info on notes.

**5** Annual health checks, cholesterol awareness, lack of knowing what a well man check is. Would still want feedback on any results or tests. ECG is done regularly for certain patients they get checked more often.

**6** Haven't received results yet. Done a screening check recently. Maybe over restricted for certain foods/ allergies maybe not allergic.

# Health Inequalities

## Group Work



## Clifton House

1. Yes and No. Physical doctor on the ward G.P
2. Quite hard to register, but services can be accessed when necessary. National dentist shortage.
3. Opticians available, but usually a cost involved case dependent- in house optician if needed.

4. Yes support is good when patients feeling unwell, Doctor will come if needed.
5. Every week we get our observation checks done, Blood pressure, Weight Etc.
6. No current screening for gruel or prostate Cancer so far. However some screenings are annual.

## Humber Centre

Seen by the primary care team, seen by the ward doctor, treatment and pain relief prescribed if needed.

All patients have access to community opticians and the eye clinic in Hull for treatment and yearly diabetic checks. If cannot attend screening team will come into the Humber centre.

Primary care team available on site.  
All patients are registered with a GP. Access to a dentist is available in the community if an emergency, no local service as yet re regular check ups etc. We are currently in talks with a local practice re future provision.

6monthly health improvement checks offered to all patients and all national screening programmes offered

# Access to RC outside of ward round/ MDT

**Group Work**



## Stockton Hall

Difference on wards -1 ward has two coffee mornings every week and RC attends as well as the ward round

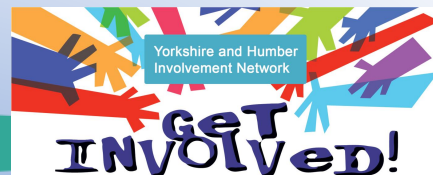
Whilst another ward at the same service never sees the RC outside of Ward Round which is once a month. Can sometimes see them in the courtyard

Another ward the RC usually remotely dials in. Only seen in ward round.

## Clifton House

- One can see RC regularly at a coffee morning
- One ward will occasionally come and chat.
- Currently down an RC on one ward so makes it difficult with cover

# Meaningful Activity (out of hours)



## Group Work

Services were asked to  
feedback on the points below

- What does 'meaningful activity' mean to you?
- What meaningful activities are currently available to on evenings and weekends?
- What meaningful activities would you like to see offered in the evenings and weekends?

What is currently available  
on evenings/weekends?

## Humber Centre

Currently vocational opportunities are very important and seen as the most meaningful activity for most. Some patients are now studying on college courses and online OU courses.

Evenings and weekends- Depends on wards and staffing. Section 17 community leave, cooking, computer games, gym, film nights.

Evenings and weekends- more shared events ,voluntary roles and opportunities for patients to work in the services to support the service e.g. working in the shop, painting and decorating, working in the kitchen.

What would you like to  
see offered?

# Meaningful Activity

(out of hours)



## Group Work

### Clifton House

What does meaningful activity mean?

- Something that helps you (therapeutic)
- Something that you enjoy
- Interesting
- Do Something with other people (friend/family)
- Something to help pass the time.

- Halloween decorations
- Arts and craft
- Games
- Music Appreciation
- Films
- Out with friends
- Visits with family and friends
- Gardening
- Pamper sessions
- Walking Groups
- Current Affairs
- Take aways

What is currently available on evenings/weekends?

What would you like to see offered?

- Quiz
- Movie night
- Cinema Trips
- Cooking/ Baking
- Parties and alcoholic drinks
- Different meals at lunchtime
  - More activities
- More staff over weekend- to be able to go out more.



# Meaningful Activity

(out of hours)

## Group Work

### Stockton Hall

What does meaningful activity mean?

- -An activity that's for my best interests
- -An activity that is good for my life.
- -An activity that makes me happy.
- -An activity that contributes to others/ community.
- -An activity I find important.
- -An activity that keeps me busy.
- -An activity that gives me healthy self-worth/ Self esteem.
- An activity that develops and helps me glow.
- An activity that keeps me connected to others.
- -An activity that helps distract me from important things.

What is currently available on evenings/weekends?

- Takeaways
- -play pool
- -table tennis
- Computer games
- Watching TV
- Calling family/ friends
- -Speaking to staff/ 1:1
- S17
- Courtyard Walks
- -B and B's for cake and coffee
- Visits from family at Deans/visiting centre.
- Running/workouts

ward bingo, film club, RWO at weekends. Inter-ward board games, Bingo, Games night, Galtres pool, competition, film making, café open- coffee. Group village, walk/bike ride, bands/ music sessions, trips to the beach.

What would you like to see offered?



# Get Involved

**We** would like to say a big congratulations to Stockton Hall and Wayne for their success at The National Service User Awards for their service user stop motion animation 'ON MYSELF' there is a link to the video on our website here:



[www.yorkshireandhumberinvolvementnetwork.nhs.uk/media/](http://www.yorkshireandhumberinvolvementnetwork.nhs.uk/media/)

The 5-minute video is a snapshot of what it was like to be Wayne during his some of his Recovery at Stockton Hall. It captures his struggles as well what Wayne does to overcome these.



Wayne has since moved on from Stockton Hall to continue his Recovery

Please e-mail us or get staff to e-mail us with any of your stories/Achievements or something you're just proud of

[hnf-tr.involvement.network@nhs.net](mailto:hnf-tr.involvement.network@nhs.net)

# Competition time

Are you  
Artistic?  
Do you like  
Vouchers to  
Spend?



**We** would like you to send us any artwork or creative writing you have done throughout the year then please feel free to do so. Please send entries to the address below.

[hnf-tr.involvement.network@nhs.net](mailto:hnf-tr.involvement.network@nhs.net)

There is a £20 Amazon Voucher to be won! Winners will be announced before Christmas!