



Yorkshire and Humber Involvement Network

# Welly Fest 2023 EDITION

## GET INVOLVED!



 <p>GET INVOLVED!</p>		<p><b>Virtual Task &amp; Welly</b></p> <p><b>Recap</b></p> <p><b>Agenda</b></p> <table border="1"> <tr><td>1</td><td>_____</td></tr> <tr><td>2</td><td>_____</td></tr> <tr><td>3</td><td>_____</td></tr> <tr><td>4</td><td>_____</td></tr> <tr><td>5</td><td>_____</td></tr> </table>	1	_____	2	_____	3	_____	4	_____	5	_____
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<p><b>Wednesday</b> 19th July 1.30-3pm</p> 	 <p><b>Welcome</b></p>											
	 <p><b>Thank You, Feedback &amp; Photo Reel Re-Cap</b></p> 											
<p><b>Microsoft Teams</b></p> 	 <p><b>The Virtual Task...</b></p> <ol style="list-style-type: none"> <li>1. Newton Lodge</li> <li>2. Roseberry Park</li> <li>3. Humber Centre</li> <li>4. Cheswold Park</li> <li>5. Stockton Hall</li> </ol>											
 <p><b>SPONSORED BY</b> <b>Cygnet</b> Health Care</p>	 <p><b>Voting</b></p>											
	<p><b>Next Years Event?!...</b></p>											

Welcome to the Welly Fest 2023 Newsletter, we will recap the Festival Day itself sharing feedback and photos, more of which will be available on our Website.

We will introduce the Virtual Task and share how the voting worked, describe all the fun and creative entries for this years competition and announce who won '2023 bragging rights.' If you enjoyed Welly Fest as much as we did, we would love to hear from you... if you want to help plan next years event get in touch! Thank you for all your support with this years involvement celebration.



The Yorkshire and Humber Involvement Network invites you to...

# WELLYFEST

SANDAL RUFC 6<sup>TH</sup> JUNE 2023



Jenkins & Alexander



**THE CHEATS**

**YHIN**  
Performers



ZiggysSilentDiscos

**Bernie**

Football, rounders and more with Michael

Henna with Aisha

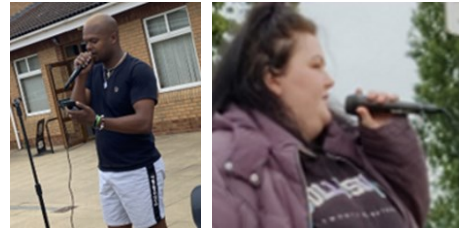
Welly Wanging Competition!

Welly Art Competition!





Welly Dog– Art Competition Winner



Y&H Star  
Performers



## THANK YOU

Planning Group  
Cygnet Health Care  
Everyone who made the day  
possible!  
You all for attending 😊



Thank you to the service users and staff from the planning committee who dreamt big and aimed for an event where people could socialise, eat good food and listen to music... welcome to Welly Fest! They worked hard for months in the background to make it a day to remember!

Thank you: Roseberry Park, Humber Centre, Cheswold Park, Bretton Centre and Newton Lodge.

Thank you to Cygnet Health Care who have sponsored Welly Fest and given their full support to our creative ideas yet again.

We would also like to thank all our amazing musicians, food vendors, activity co-ordinators; who made the day what it was – such a fabulous line-up enjoyed by all!

We would also like to say a HUGE thank you to the 187 people who attended this ‘involvement celebration’ making the day a massive success!

### **The following write up from Cygnet Health Care can be found on all their Socials...**

The Annual Network get together is always a highly anticipated event, with service users and staff working together throughout the year to plan and prepare. The planning group for 2023 were keen to get outdoors and thought a music festival would be a great idea to bring people together.

Upbeat pop music from guitar and saxophone duo, Jenkins and Alexander, kicked off the day. Service Users were also invited to get involved with the entertainment and showcase their talents, there were some fantastic musical performances and poetry readings throughout the day.

In keeping with the theme, each service were asked to decorate a welly for the most creative welly competition – the entries were amazing!

For those who wanted to get moving, there were games of football, rounders and a silent disco to join. Service users were able to enjoy lunch from Bears Street Food with an ice cream van serving desserts. A room inside the Rugby club was available for anyone wanting a quiet moment, where they could sit and enjoy lunch or have some Henna art.

The afternoon saw performances from Bernie, and local band The Cheats, who performed some 80's and 90's indie rock music. There was a great variety of genres during the event to cater for all tastes.

#### **Planning Group Comments:**

**“Welly Fest 23 was an ambitious ask, our service user and staff planning group worked incredibly hard to make this wish a reality alongside the support and sponsorship of Cygnet, for which we are truly grateful”**

**“The day was a huge success, 180+ guests gathered with smiles on their faces to enjoy live music, good food and get involved in activities together. It was a real festival atmosphere and celebration of involvement. All the feedback so far has been extremely positive and many people asking when we can do it all again!”**

# Feedback

- 'This has been the best day I have had in hospital in 8 years'
- 'The silent disco was amazing, we were exercising without knowing'
- 'I loved the band, i am their number one fan now'
- 'I have never had the opportunity to hear live music until now'
- 'This day has made me want to work harder on my recovery, to be out doing normal things like this'
- 'It was great to socialise with everyone, it has been a long time since we have been all together and free to mix with covid'
- 'I got the chance to see people further on their recovery, it gives me hope'
- 'I enjoyed performing, i love an opportunity to show off'
- 'The food was great, especially the ice cream'

1. On a Scale of 1-10 how happy were you with the organisation of this event?



2. On a Scale of 1-10 how happy were you with the location of this event?



3. On a Scale of 1-10 how happy were you with the food at this event?



4. On a Scale of 1-10 how happy were you with the entertainment at this event?







Collaboration. Hope. Encouragement. Empowerment. Respect. Support. Fun  
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# Welly Task 2023

It was important to our planning group that the on the day 'WellyFest' fun could be brought back to those who were unable to make it in person... We opted for a virtual competition! The Task was as follows:

We are offering the chance to win prizes, but ultimately the bragging rights to 'Task Champion 2023'

The Task... if you choose to accept it...

'Create a music video that captures your year of involvement highlights'

Can you spot any wellies?

Is the Presentation Style clear and fun?

How creative is the task entry?

Is the song choice meaningful?

Can you see the involvement inspiration?



"Even though I couldn't attend in person there has been much excitement about this event in our service, so a huge thank you. We still talk about last year's event, and will no doubt be talking about this for a long time too"

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# 1. Newton Lodge

**Title** – Perfect Day at Welly Fest  
**Music** – Perfect Day by Lou Reed  
 Newton Lodge sang about their perfect day at Welly Fest and that it made them want to bring Welly Fest back to Newton Lodge and involve others. Newton Lodge shared many happy smiley photos of Welly Fest and their amazing involvement adventures for the last year in service.

Amazing! Such fun and enjoyment shone through! Very creative and the song makes me want to get involved too!



I just want to be involved...

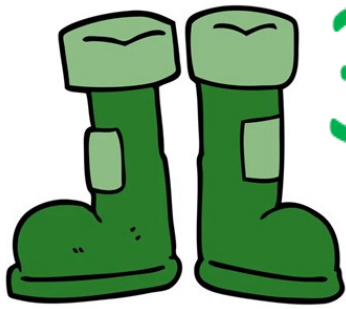


# 2. Roseberry Park

**Title** – The story of this year, Ridgway Memory Book  
**Music** – Songbird by Oasis  
 Roseberry Park took us through a their year of involvement month by month e.g., May 2023 Get Involved Event.! They also chose a song that was really important to the planning group and inspiration for Welly Fest.

Lots of hard work for involvement gone on over the year! Well done! A great showcase of what has happened at Roseberry Park.





## 3. Humber Centre

**Title** – Humber Centre News, Breaking News

**Music** – We're happy to see you again by the Fur Scots

Humber showed their involvement through a news sketch recalling their favourite events such as the activities around Earth Week and Easter bake off. They loved Welly Fest too– this exclusive came from an excellent reporter interview!

Wow so much work has gone in to the making of this! What a great idea to present in the news style to highlight all the different pieces of work. Loved the interviews and all the photos showed how much fun involvement creates!



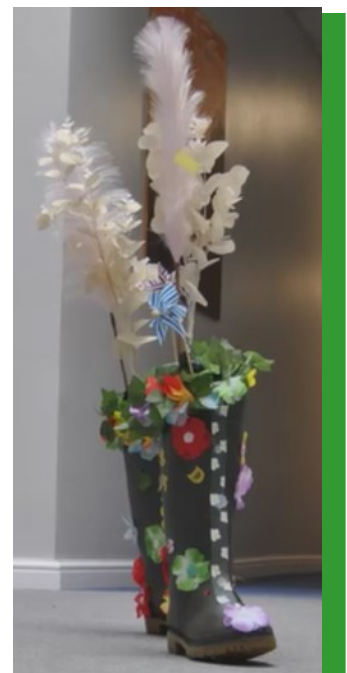
## 4. Cheswold Park

**Title** - Are you ready boots?

**Music** – These boots are made for walkin' by Velvet 99

Lots of involvement photos were shown from Cheswold including NSU awards, horticulture and maintaining the grounds, training and new starter inductions. A really clever boot walking animations sequence was used too.

Absolutely loved the welly/boots theme with a great theme tune to match! A very creative way to showcase all the work over the year – well done! Looks so much fun to get involved!





# 5. Stockton Hall

**Title** – You've been watching

**Music** – I knew Prufrock before he got famous by Frank Turner

Stockton Hall created a really funny sequence that included lots of great of photos & videos of real work opportunities, horticulture, animations and positive experiences with the recovery college.

Great song and theme of the video! Very well presented with loads of work showcased throughout the year! Lovely to see



Drum Roll Please.....

And the bragging rights 2023 go to.....

## Joint Winners...



## Newton Lodge &



## Cheswold Park

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# What's Next?



## National Service User Awards

### Project Name: Welly Fest 2023

We are delighted to inform you that your project has been selected as a finalist for the National Service User Awards 2023 in the category: **Hope and Positivity**

The planning committee submitted Welly Fest to the NSUA's 2023 to share the amazing experience we all had! We are so pleased to announce this was recognised and that Welly Fest is now a Finalist at this year's award ceremony! A fabulous recognition of the involvement we have in the Yorkshire and Humber region. We will share details on how to view the Awards nearer the time– Keep your fingers crossed for Welly Fest in the meantime!

It is nearly time to hang up our wellies for this year! We look forward to hearing about your experiences of Welly Fest when we next see you, you can also always...

- Write a Welly blog
- Send us your Welly photos
- Share your virtual Welly films
- Look on our website at our photo reel

If you would like to have a say on next years event then look out for our next event planning committee or send in your ideas!

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# Yorkshire and Humber Newsletter

Do You like.....  
Writing Articles?  
Writing Poetry?  
Arts and Crafts?  
Then we need you!

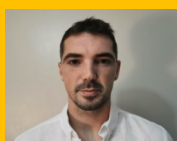


Please note we will say in the newsletter who sent it in (first name and service) so if you would rather it was put anonymously then please let us know

WE WANT TO  
HEAR FROM YOU



The Yorkshire and Humber Network has expanded!  
Keep an eye out for our new Team member blogs... you will have chance to meet them all at our next event in September, or when they visit.



This newsletter has shared the highlights of Welly Fest 2023 and the Virtual Follow Up- we hope you enjoyed the celebration of involvement as much as we did!

Ask a member of staff to send your ideas for future events to us via email or access our website below and message on the 'contact us' tab direct.

Contact the Team for more information [hnf-tr.involvement.network@nhs.net](mailto:hnf-tr.involvement.network@nhs.net)

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