Humber and North Yorkshire November 2022

HUMBER AND NORTH YORKSHIRE PROVIDER COLLABORATIVE ENGAGEMENT EVENT







Thank you everyone for coming along to this meeting – it was great to see so many people there! We started the meeting with an update from Steve in the CPaQT team, telling us about the change of name of the provider collaborative. It is now known as Humber and North Yorkshire Provider Collaborative instead of Humber Coast and Vale! You may see the acronym HNY PC around now. Steve then talked us through the two parts of his team—the commissioning part and the quality part, with who sits where. Then we heard about the successes of the last year since the commissioning responsibilities changed from NHS England to the PC, as well as priorities for next year and the strategy how this will be achieved—including time to think what it means to each of us. He ended by thanking everyone for our involvement—as it really matters!

Then we heard from Stockton Hall about their podcasts which you can read more about on page 6. Finally we talked about these meetings and what we want from them. See pages 7/8 for details.



Humber and North Yorkshire Engagement Event

Agenda items:

- Updates from the Provider Collaborative
 - Name change
 - Who's who in the provider collaborative
 - Achievements in year 1
 - Strategy aims and focus for this next
 - What does it all mean to you?
- Plans for future meetings
- Podcast from Stockton Hall





Contact Jo, Charlotte or Holly for more information: Hnf-tr.involvement.network@nhs.net

www.yorkshireandhumberinvolvementnetwork.nhs.uk

Humber and North Yorkshire Provider Collaborative News

Our Name Has Changed





Humber and North Yorkshire Specialised Mental Health, Learning Disability and Autism Provider Collaborative



Commissioning/planning Team

Melanie Bradbury - Programme Lead

Steve Shaw - Head of Adult Secure

Angela Ward – Head of AED and CAMHs Secure Care

Tizza Dowuona – Business and Contracts manager

Anna Muncaster – PA and Administration Officer

Quality Team

David Harvey - Clinical Director

Gareth Flanders - Quality Assurance and Improvement Lead

Maria Pink – Senior Case & Quality Manager

Laura Sheriff - Case Manager

Raphael Harrison - Case Manager

Michele Barron – Quality Administrator



Provider Collaborative 1 year on.....



- Reduce Length of Stay across all 3 work streams
- Reduced use of out of geography in-patient beds
- Successful discharge of patient who had been in in long term seclusion
- Successful discharge of long stay Adult Secure patient
- Secure Community Forensic team Phase 2 funding additional £555,637 per annum
- Secure Community Forensic team and Learning Disability Forensic Outreach team alignment across Humberside
- Adult Eating Disorder FREED Champion investment
- New CAMHS eating disorder day care provision approved and in development
- Safe and Wellbeing Reviews
- Sustain AED capacity through proving robust assurance following challenging CQC inspection outcome

The next 12 months...

Provider Collaborative Focus – The next 12 months



What does all this mean for me?

Adult Secure Focus – The next 12 months

- Community Forensic Teams
- Review of all pathways (PD, LDA, Women's, Prison, Community Forensic)
- Quality
- Workforce development



Are these priorities important and impactful for you?



Community Forensic Teams

Quality

Where do I fit into this?

Workforce

Review of all pathways (PD, LDA, Women's, Prison, Community Forensic)

What does all this mean to me?





Your voice is what makes us change





Celebrating the Podcast Tackling Stigma at Stockton Hall



Stockton Halls Hamish and Scott have co-created a mental health stigma Podcast that is a way of exploring themes of stigma and mental health as well as discussing some wider issues regarding cultural influences and barriers.

We are very grateful of the contributions by the patients and staff that we have interviewed. The Pod is an ongoing conversation based around lived experience as well as opinions of what needs to be done to reduce the amount of stigma within society as a whole.

We call it THE SHH PODCAST.

We entered the show into the 2022 National Service Users awards and were literally gobsmaked on the day to find out we had won. It was a very real and emotional moment that the hard work we had put in was being recognized nationally. We never thought we could win due to the really high standard of work we were up against in the same Recovery & The Arts category.

These episodes will be available on the Priory Website as well as The Yorkshire and Humber Involvement Network website.

If you would like to be involved in these Podcasts or you have a subject matter that's very close to your heart and you'd be interested in making a podcast then get in touch at scottatkinson2@priorygroup.com and we'll see what can be done.

Behind the scenes

The SHH podcast has been a great way of introducing some basic editing skills as well as allowing service users to see behind the curtain of certain kinds of media such as Radio and Audiobooks. Service users and staff alike have been invited in to our cosy and albeit makeshift studio and asked to chat frankly and openly about mental health stigma. We are using an iMac 27 inch with GarageBand for the audio along with Lightroom and Photoshop for the Podcast thumbnail cover.

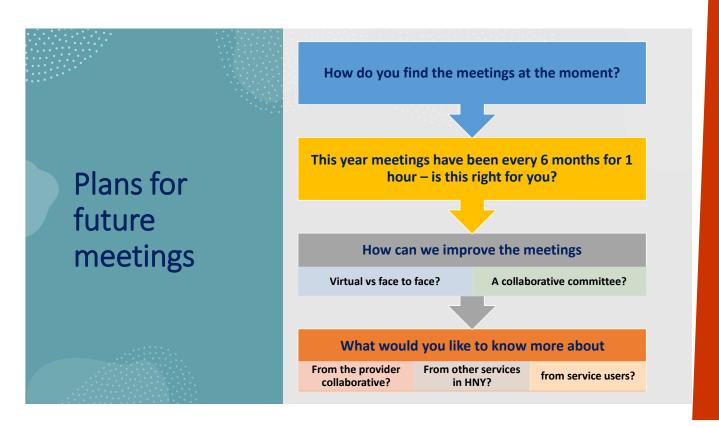
We set up the microphone on a microphone stand as we found that if we placed it on the table between the interviewer and interviewee then it was prone to picking up feedback from people touching the table or even just moving their hands across it. Next was to check the levels on the microphone by speaking into it and adjusting the gain on computing being sure to not have the sound levels in the red part of the gauge.

Once the recording was complete we then spent a couple of hours listening back to the recording checking sound quality and writing down the times where we would like to edit. The edit doesn't take much time in reality but checking back each time to make sure the recording still makes sense can be very challenging on attention and patience. The last thing to do is to record the intro and outro on GarageBand as well as compose some short intro and outro music using the same software and we are all done and ready to share

HUMBER AND NORTH YORKSHIRE PAGE 7



The Future of The Humber and North Yorkshire Engagement Events



Future Plans

At the meeting it was decided that the engagement events in Humber and North Yorkshire will happen every 6 months.

In between we talked about a committee or a panel where service users and staff could represent their services to work on projects and give feedback and advice to commissioners in the provider collaborative and to services if they want somewhere to take documents etc

After the meeting we have looked into how this may work and would like to propose a HNY People's Panel.

The proposed vision for the People's Panel

To be part of an expert Network panel, sharing your expertise and lived experience 'To give and to get' from the process - 2 way outcomes (for you and the service areas) Individual gains - to progress in your recovery and how you lead as a representative for your area

Development opportunities - to learn from each other and share good practice to improve service user experience and give quality assurance to commissioners

To be ahead of the curve influencing future service developments

To be a 'go to' as a peer leader for your expertise in involvement and coproduction

To be a critical friend to make sure there is challenge in the care system

To act in a trusted role representing and seeking information from others in your area to feed through to the panel

To motivate others to be involved in different involvement and positive change activities Introduce new ideas for quality improvement projects

The People's Panel will be relaxed, informal and sociable – whilst being creative and getting the job done!

Coming together with a common purpose to be part of something much bigger than any one person alone – different people's experiences means we see things from different perspectives, and have different insights – all that when we come together make us stronger and more successful!

More discussions and information will be shared with you to shape up this idea, and make sure it will be a group making a real difference and be a place which is valuable to everyone involved—watch this space for more information!

HUMBER AND NORTH YORKSHIRE PAGE 9



Humber and North Yorkshire (HNY)

This is the geographical area that you are currently in and the name of your Provider Collaborative. HNY is responsible for your pathway.

Provider Collaborative

A group of providers, in this case
Humber Centre, Stockton Hall and
Clifton House, working together to
improve your care pathway to the
community. They are responsible for
local people and a budget.
The Provider Collaborative also
looks after people who need:
Adult Eating Disorder Services
Children's and Young People's
services, as well as adult low and
mediums secure services.

Lead Provider

Lots of experienced people and services are working together within the Provider Collaborative, but one NHS service must take overall Lead – they are responsible to NHS England and for the quality of the pathway in HCV.

Your Lead Provider is:

Humber Teaching NHS Foundation Trust

What Jargon do you want busting?

Out of area means that HCV is your home area but you are getting care elsewhere. HCV would like to bring you to your home area if that is your choice. Or that you are in



WE NEED SOME NEW TARGON,
THE PUBLIC ARE STARTING TO
UNDERSTAND WHAT WE'RE
TALKING ABOUT!

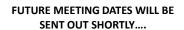


HUMBER AND NORTH YORKSHIRE PAGE 10











WATCH THIS SPACE!



GET IN TOUCH WITH US – JO, CHARLOTTE AND HOLLY ANYTIME



SEE YOU SOON!

Come along and find out what is happening in your area, help us plan for the future and have your say!



Contact Jo, Charlotte or Holly for more information:

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