

	Welcome & Introductions
	Big Get Together Recap
	Artwork Task winner announced!
	Workshop What does the Network do for you already? What more could it do?
	Workshop What do the Involvement Leads do for you already? What more could they do?
	Round Robin Over to you...

Welcome to the ‘Big Get Together’ Edition of our Newsletter. Here we re-cap all the adventures of the ‘Big Get Together’ at the Yorkshire Sculpture Park, as well as the ‘Big Task.’ We announced the winners of the ‘Big Task’ competition on the record breaking, hottest day of the year, in 2022, where we came together (briefly) for our Virtual Network Meeting. We also handed over to you for the infamous Round Robin, where you shared with us all your favourite moments of the last 3 months. There is also more to explore on the website including; ‘Big Get Together’ photos, ‘Big Task’ films, Imagineer graphics, and new items on the blog! Thank you for all your fab contributions!

Tuesday
19th July
1.30-3.30pm





On a Scale of 1-10 how happy were you with the organisation of this event?



On a Scale of 1-10 how happy were you with the location of this event?



On a Scale of 1-10 how happy were you with the food at this event?



Thanks to Cygnet for Sponsoring



Thanks to the Planning Committee

- Risk Assessment
- Covid guidance
- Preliminary walk
- From ideas to the reality of us all meeting for the first time in 2 years

Thanks to the YSP – 120 people from 13 services met up to walk

Thanks to Create Café Wakefield for providing our picnic



- 'The Big Get Together was well organised, there was a thorough risk assessment and good communication up to the event'
- 'It was nice to be in an open space, yet be able to meet up with people'
- 'There was a good variety of food and all dietary needs were catered for'
- One service user said 'I have never had a tastier cheese sandwich'
- 'It felt like the light at the end of the Covid Tunnel'
- 'There was lots of laughter and banter'
- 'It was great to just meet up in person... finally!'



[Home | Yorkshire Sculpture Park \(yosp.org.uk\)](https://www.yorkshireandhumberinvolvementnetwork.nhs.uk)

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[Www.yorkshireandhumberinvolvementnetwork.nhs.uk](https://www.yorkshireandhumberinvolvementnetwork.nhs.uk)

We had an amazing day at YSP! Thank you 😊



Here are some photos from the day...





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Check out the website for more!

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The **Big** Get Together

Part 2

Virtual Event
Wednesday 6th July 2022

Running Order

1. West Yorkshire Provider Collaborative
2. Newhaven
3. Humber Centre MSU
4. Pine View (Humber Centre Community)
5. Bretton Centre
6. Newton Lodge
7. Roseberry Park/ TEWV
8. Cheswold Park
9. Waterloo Manor
10. Moorlands view
11. Stockton Hall
12. Amber Lodge



Is Every 'Body' Here?



	Service	Project Title	Comments	Rank
1	West Yorkshire Provider Collaborative	'Roots to better care'		
2	Newhaven	'Newhaven- Big Get Together'		
3	Bretton Centre	'Through the eyes of a sculptor'		
4	Newton Lodge	'Our pathway from 'apart' to being 'a part' of the Big Get Together'		
5	Roseberry Park - TEWV	'Please give us a chance'		
6	Cheswold Park	'Hot Glue & Desperation': Cheswold Park's Motivational Trash to Treasure Interpretation of YSP'		

How creative is the Artwork?

Can you see the Sculpture Park inspiration?

Is the Presentation Style clear and fun?

How does the Project make you Feel?

Make notes as you go in the comments section to help you remember all presentations, as you will need to rank at the end!

You **cannot** include your own project in the rankings 😊

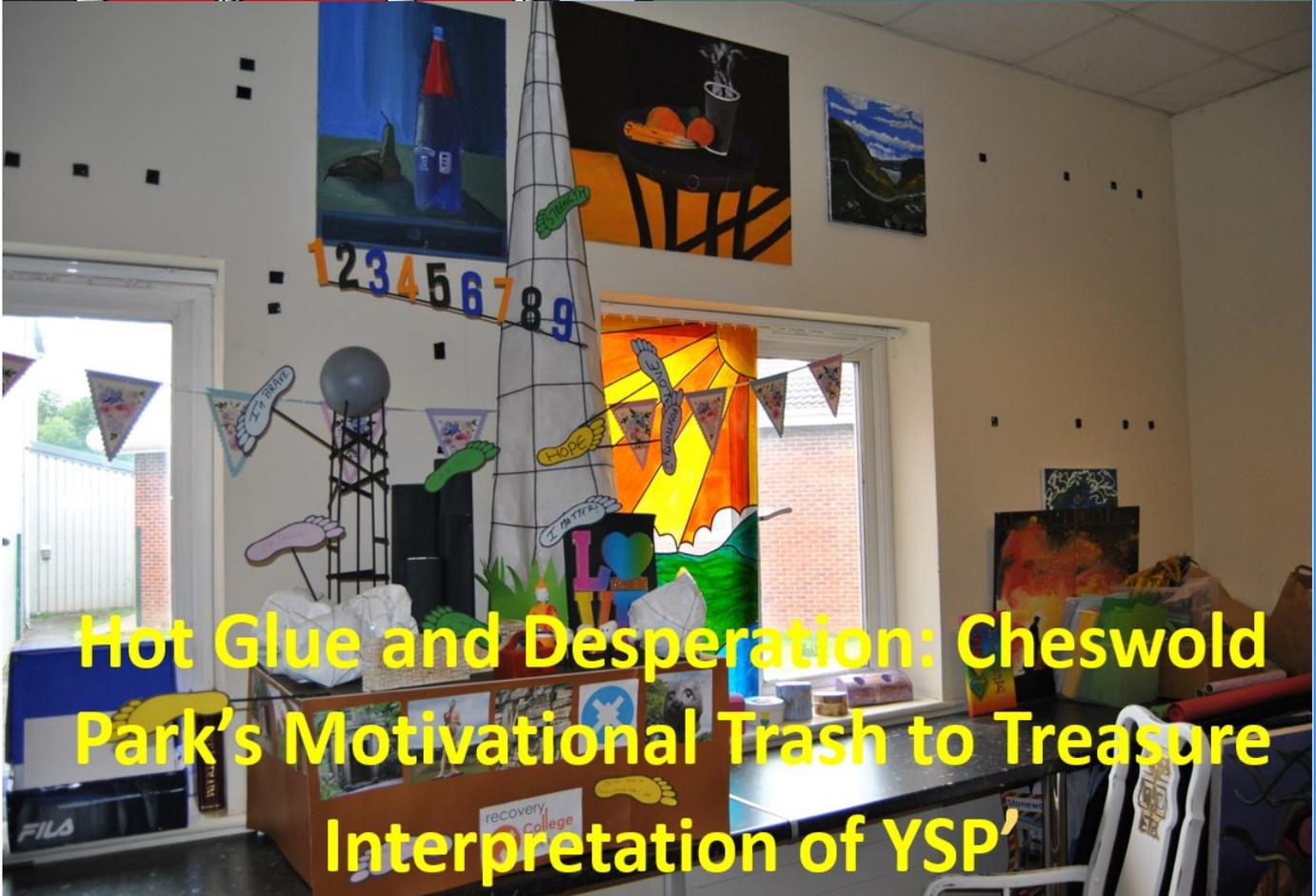
Have a conversation with everyone in your service about what you have seen and heard.

Agree a rank order- 12 points going to your favourite all the way down to least favourite, scoring 1 point.

Please return your agreed rankings to the Yorkshire & Humber Involvement Leads by Friday – we will collate all votes.

The winner will be announced at the Network meeting on the 19th of July!!

Happy Voting!!



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THE SCARBOROUGH BUS...



JURASSIC PARK...



HAPPY, KIND, HOPE...

DEMON...

Newhaven



THE LIGHT HOUSE...



Stockton Hall



Newton Lodge



Waterloo Manor



The BIG get Together

Cygnet HEALTHCARE

RECAP

YORKSHIRE SCULPTURE PARK

OVER 120 PEOPLE ATTENDED!

GOODY BAGS

THANK YOU!

PLANNING COMMITTEE

PART 2

12 PRESENTATIONS AND VIDEOS SHARED

THANK YOU TO CREATE CAFE FOR THE PICNIC

VOTING SLIP

CYGNET To: Cheswold Park £250.00

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Virtual workshop



What does the Network Do?

What could it do more of?

What do the Involvement Team/Leads Do?

What could they do more of?



RECORD-SEARING HEAT		
HOTTEST DAY IN U.K. HISTORY - JULY 19		
LOCATION	TEMP (°F)	TEMP (°C)
▶ Coningsby	104.5°	40.3°
▶ St. James Park	104.4°	40.2°
▶ Heathrow	104.4°	40.2°
▶ Gringley On The Hill	104.1°	40.1°
▶ Kew Gardens	104.1°	40.1°
▶ Northolt	104.0°	40.0°

*AT LEAST 34 LOCATIONS EXCEEDED THE U.K.'S PREVIOUS NATIONAL RECORD HIGH 102°F (38.7°C)

Yorkshire & Humber Network—

Red Hot!!



Due to the Record Breaking Heat... we kept the meeting as short as possible.... We circulated the virtual workshop for comment and have a comments page at the back of the newsletter to complete if you wish to feedback!

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Round Robin



Newsam Centre

Ward 3 have been participating in a facilitated learning course with the Donkey Sanctuary. This 8 week course covers animal care, team working, problem solving and teaches communication and interaction skills.

We are hoping to have our first service user council between wards in person this month!



THE DONKEY SANCTUARY
WORKING WORLDWIDE

Service users on A&T have just finished a 6 week music production course run by Cloth Cat. Check out the tracks they have recorded!



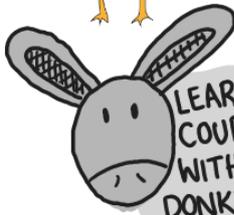
Marvelous Beats



2 Marvelous People



Newsam Centre



LEARNING COURSE WITH THE DONKEY SANCTUARY



FIRST SERVICE USER COUNCIL THIS MONTH



MARVELOUS PEOPLE
MARVELOUS BEATS



Moorlands View

1

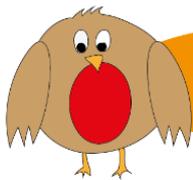
Leaves + IP

- Individual Leaves mostly back as normal
- Special plans for discharge IP still keen on testing process
- No inter-ward working IP- trying to adapt to this for football, music groups etc.]
- Masks still in place all clinical areas

2

Improving environment

- New kitchens on both Baildon and Thornton
- New activity room Thornton
- Sensory lead in post and due to make recommendations
- Trying to open more doors where possible and have more social space e.g., ward managers office seems to be helpful, and feedback is positive



MOORLANDS VIEW

NEW KITCHENS



Big Day Out



MASKS WORN IN CLINICAL AREAS



COMMUNITY FOOTBALL TOURNAMENT

Eid CELEBRATIONS

3

Involvement

- Tell us about us letter due to come out
- Those who attended enjoyed 'big day out'
- Community breakfasts still going well
- Community meetings discussion about renewed push to no smoking sites
- Collaborative Eid celebrations
- Thornton moved reviews back onto ward after staff and service users felt it was more relaxed

4

Connection

- Continue trying to relink with external organizations whilst working within IP guidance: allotment project, wood workshops, exploring previous connections
- Football tournament in community positive-looking to see how we can continue it
- Cross ward working still limited but walking groups, cycling and swimming happening ward by ward

5

Improving experience

- Sensory clinical lead in post and has published initial survey
- Communication screens embedded +sensory screens developed.
- Ongoing staffing issues managed by trying to keep consistent agency/bank
- Ongoing work to improve opportunities for independence
- Rabbits still going well and staff member due to do animal assisted therapy training

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We hosted a coffee afternoon carers event where our MDT and PMVA team attended to offer more information around the care of our patients to their carers.



We have started self catering at dinner times. We are currently in our second week of this and have already received positive feedback from patients.

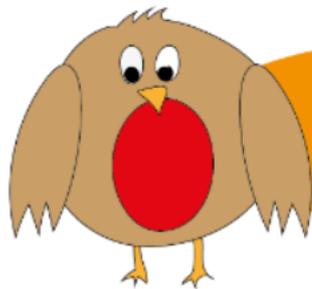


We visited the Yorkshire Wildlife Park and enjoyed a sunny day out walking around the park and marvelling at the animals.

AMBER LODGE



We visited The Black Country Museum after learning about this time period for a few weeks. We particularly enjoyed talking to the actors about the time.

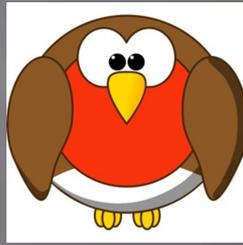


AMBER LODGE



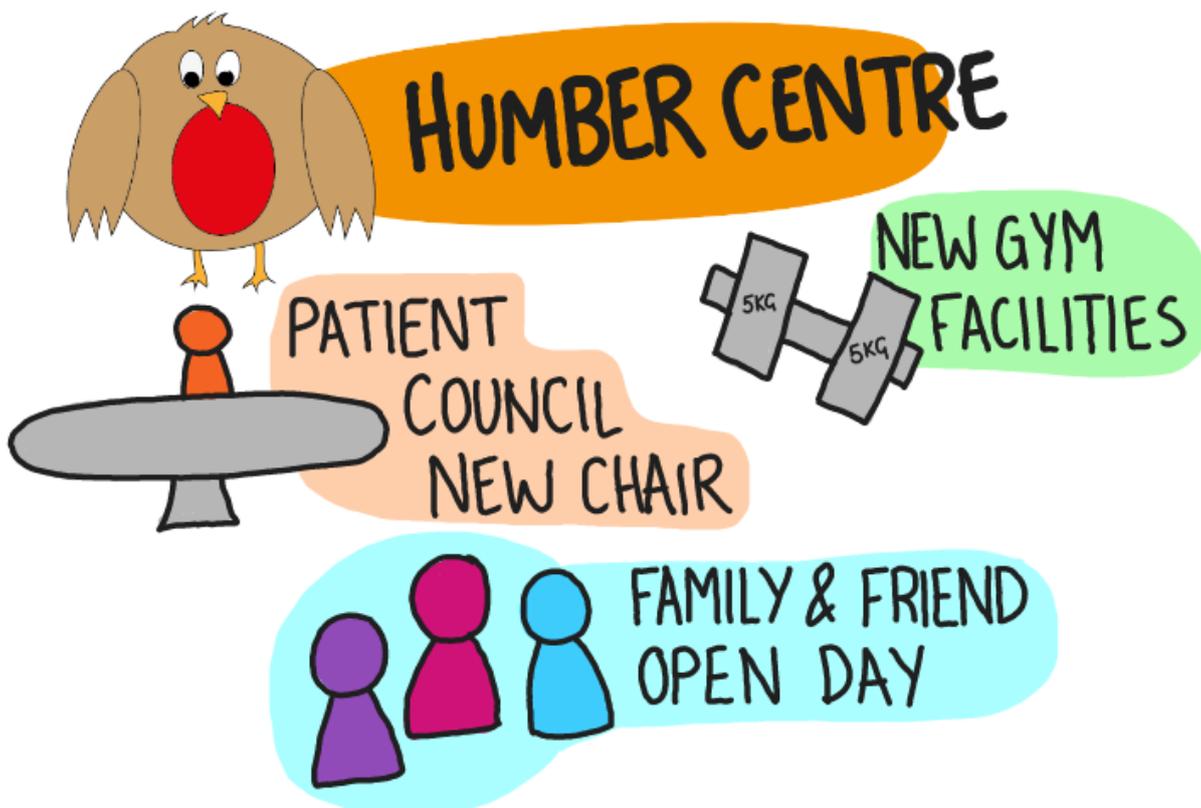
BLACK COUNTRY MUSEUM

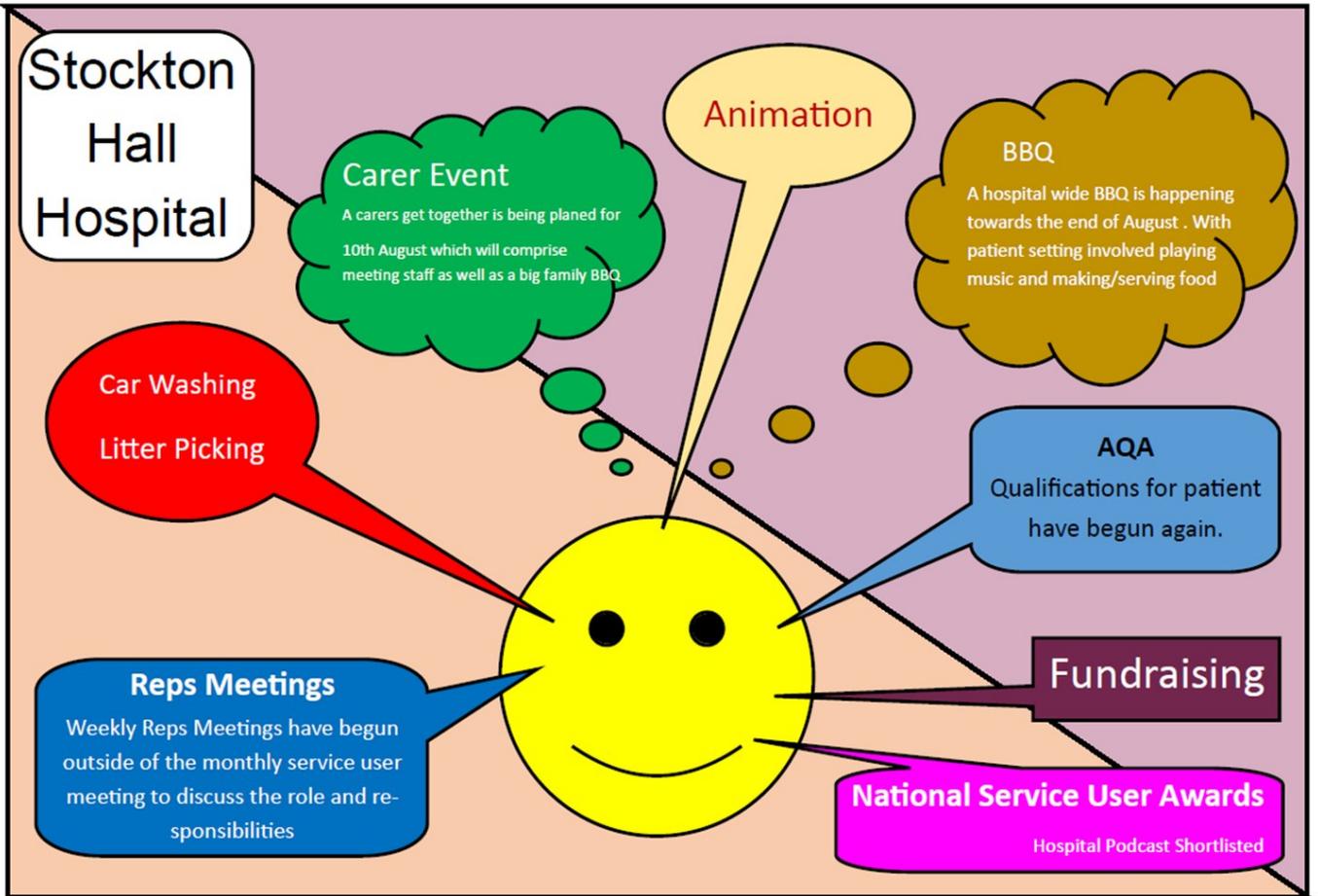




HUMBER CENTRE ROUND ROBIN

- Patient council new chair and vice chair voted in.
- Brand new gym facility on the horizon
- Plans for family and friends open day –Sept 23rd
- Patient and carer involvement champions identified for all services.





Newton Lodge Round Robin April 2022

Background image – Horticultural therapy garden

'One Voice' Service user involvement meeting



- ▶ We are finally meeting in person !!
- ▶ We have attended the management meeting and are making progress in a number of areas
- ▶ We have a hairdresser coming to the unit from August, we are buying a piece of equipment to access music and we have started a catering meeting to improve food
- ▶ All wards are represented at the meetings



Appleton ward encouraged everyone to learn about Easter, with every service user receiving a package of puzzles to learn about this celebration and a chocolate egg ☐

THE RESPECT PROJECT

- ▶ We announced the winner of the respect project, it was a hard decision as we had a lot of excellent entries
- ▶ The results from the MSU are :-
- ▶ The winner of the best Art work was Chippendale with a Marvel inspired image
- ▶ The best quote was won by Appleton
 - ▶ *'The beauty of the world lies in the diversity of it's people.'*



Waterton ward helped everyone understand the meaning behind Pride month, encouraging lots of celebration and some challenging conversations.



Priestley ward chose to celebrate Eid al Adha as part of the ongoing Equality, Diversity, and Inclusion calendar events.



Most wards chose to celebrate The Jubilee, these are pictures from Priestley Ward including the famous Ade Scarecrow head that is brought out for most events !!!



The Great Outdoors

Our wards are starting to take advantage of the great outdoors

Many wards have started walking groups, we have some beautiful local walks close to the unit.

We are still navigating covid rules to go further afield, but we have had one successful cottage trip to Whitby and of course the YHIN Big Get together.

We may need to get our map-reading skills back

- ▶ **READ ALL ABOUT IT**
- ▶ NEWTON NEWS 2nd Edition went out in June
- ▶ We hope to have a Summer edition out at the end of August
- ▶ We are really pleased with the variety of contributions that service users are writing from their life experience, to how to be an involvement lead through to creative writing.
- ▶ We entered the newsletter in the National Service user awards, and although not shortlisted as finalists we did get some positive comments.
- ▶ "Love this! A great way to keep wards feel connected through such a difficult time"
- ▶ "The content looks really varied and interesting, although started by staff it's good
- ▶ to see service users taking control and staying involved."



YHIN EVENT – WOW – JUST WOW

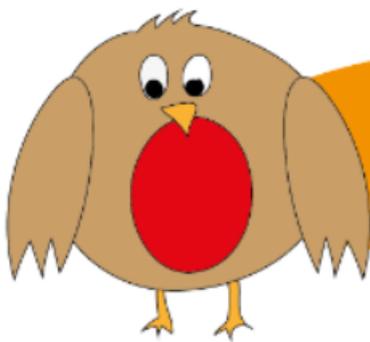
'Our Pathway from 'apart' to 'being a part' of the Big Get Together.

This event helped us work towards cross pathway working again 😊

The day itself was amazing and a number of us met personal goals within the day.

On returning to the unit we found everyone wanted to be involved and we were amazed by the creative talent we had in the building, from painting, drawing, singing, lyric writing, film making and producing and piano playing.

HUGE THANK YOU TO ALL WHO ORGANISED THIS EVENT.



NEWTON LODGE



RESPECT PROJECT



PRIDE CELEBRATIONS

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Forest Lodge OT Round Robin Allotment Growing



We have been growing various fruits and vegetables in our allotment such as courgette, green beans, carrots, strawberries and tomatoes. One service user has been cooking with some of the produce we've grown encouraging self sustainability and important life skills.



Daytrip to Bridlington

We have organised a day trip to Bridlington for service users, this location was requested by them and we will be going on the 25th July. This will hopefully provide a meaningful day for service users to visit the beach and enjoy a day out of the unit.



Forest Lodge Music Production

We have had a lot of service user interest in creating their own songs and beats. We have invested in studio equipment and people have now been learning how to use it and how to create their own tracks.



Psychology at Forest Lodge



We have continued to offer groups at Forest Lodge:

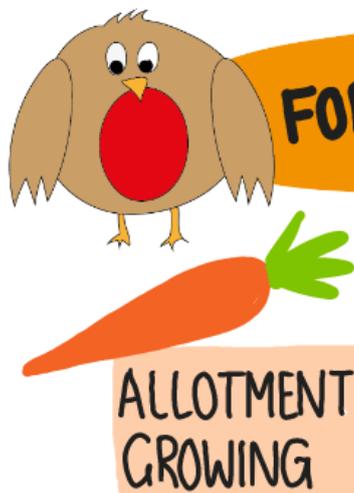


We have the 'Walk of Fame' group. This group encourages staff and service users to think about various famous people and provide a psychological understanding to their challenges.

We have the 'Chill out Zone'. In this group, staff and service users can practise different coping techniques.

We are continuing to use 'Safewards' at Forest Lodge to help people feel safe and supported. We have done a workshop for staff to help them use Safewards and will be improving this further by asking service users to be involved in the workshop too.

We are offering more regular 'coproduction' meetings. These are open discussions on various different aspects of the service. For example, reducing restrictive practise, safety and our new risk statements. It is a space for service users to share their views and help us shape the future of our service.



FOREST LODGE



[Walk Of Fame - Yorkshire And Humber Involvement](#)



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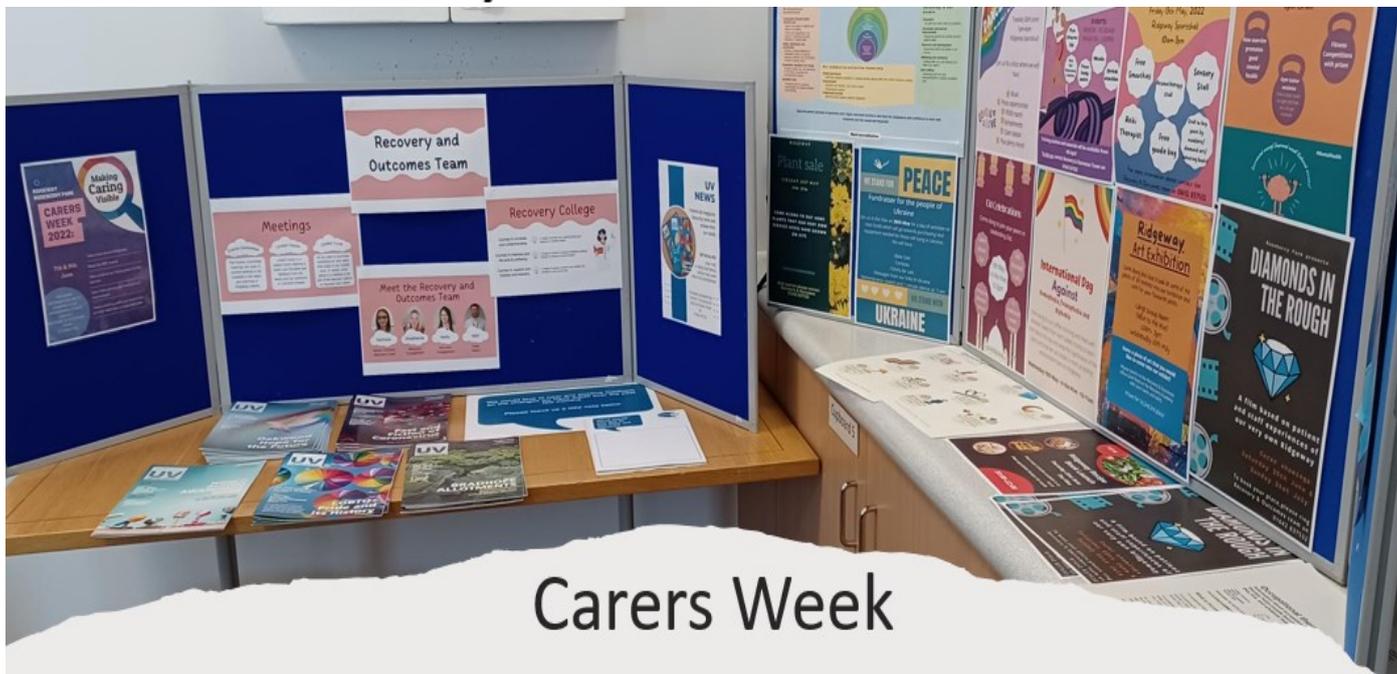
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Tees, Esk and Wear Valleys



NHS Foundation Trust

Roseberry Park



Carers Week

For carers week in June, we invited carers, families and friends into Ridgeway, an event held over 2 days. Visitors met with management and MDT's, had tours of the facilities and were provided with lunch before spending time with their loved ones on their wards. We received great feedback from the event and looking forward to the next one.

In June, we held a 5k fun run and a 5k fun walk within our perimeter. We had bottled water, fresh fruit, printed t-shirts and face glitter. Each participant received a certificate. We had both staff and patients take part in the events with positive feedback from both, so much so that we have already organised our next one which will be fundraising for a local physical and mental wellbeing charity.



Fun Run & Walk



Pride Disco

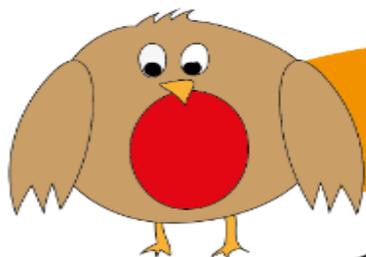
To celebrate Pride, we held a 'Dance with Pride' disco with support from a local LGBTQ+ Charity. We had items to purchase including printed t-shirts and all money raised was donated to the Charity. A total of £113.86 was raised.



Coming up...

A day at the Seaside

- Fish & Chip Van
- Donkeys
- Arcade Games
- Traditional Sweet Stall
- Ice Cream Van



ROSEBERRY PARK

PRIDE DISCO





Service User Artwork on the corridors



A Platinum Jubilee party with a buffet fit for a Queen!

Positive Affirmation Boards created by service users



Service users growing plants to brighten up the front of the hospital



More co-production through Recovery College

REDUCING RESTRICTIVE PRACTICE | PATIENT-LED STAFF TRAINING



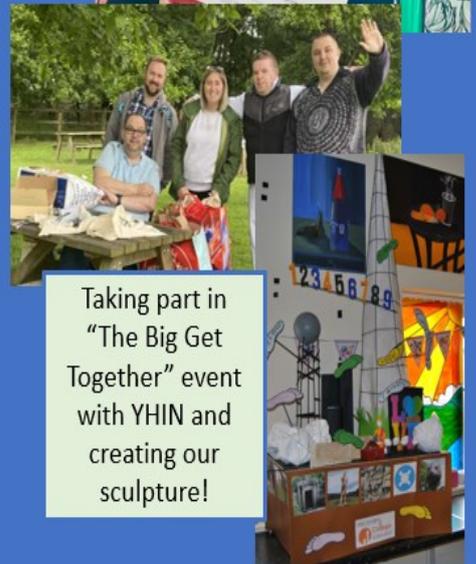
Supporting service users to create notice boards and displays around the hospital



Horticulture Projects are full steam ahead!



Our **VERY FIRST** NSUA finalist!

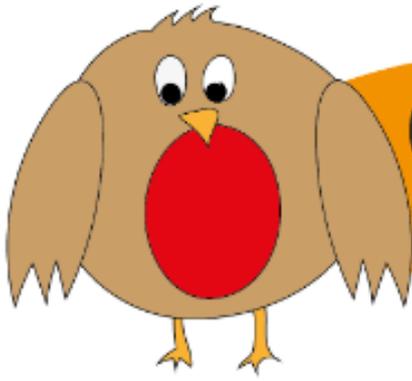


Taking part in "The Big Get Together" event with YHIN and creating our sculpture!



Service users attending Ward Governance meetings to share their views and suggestions





CHESWOLD PARK



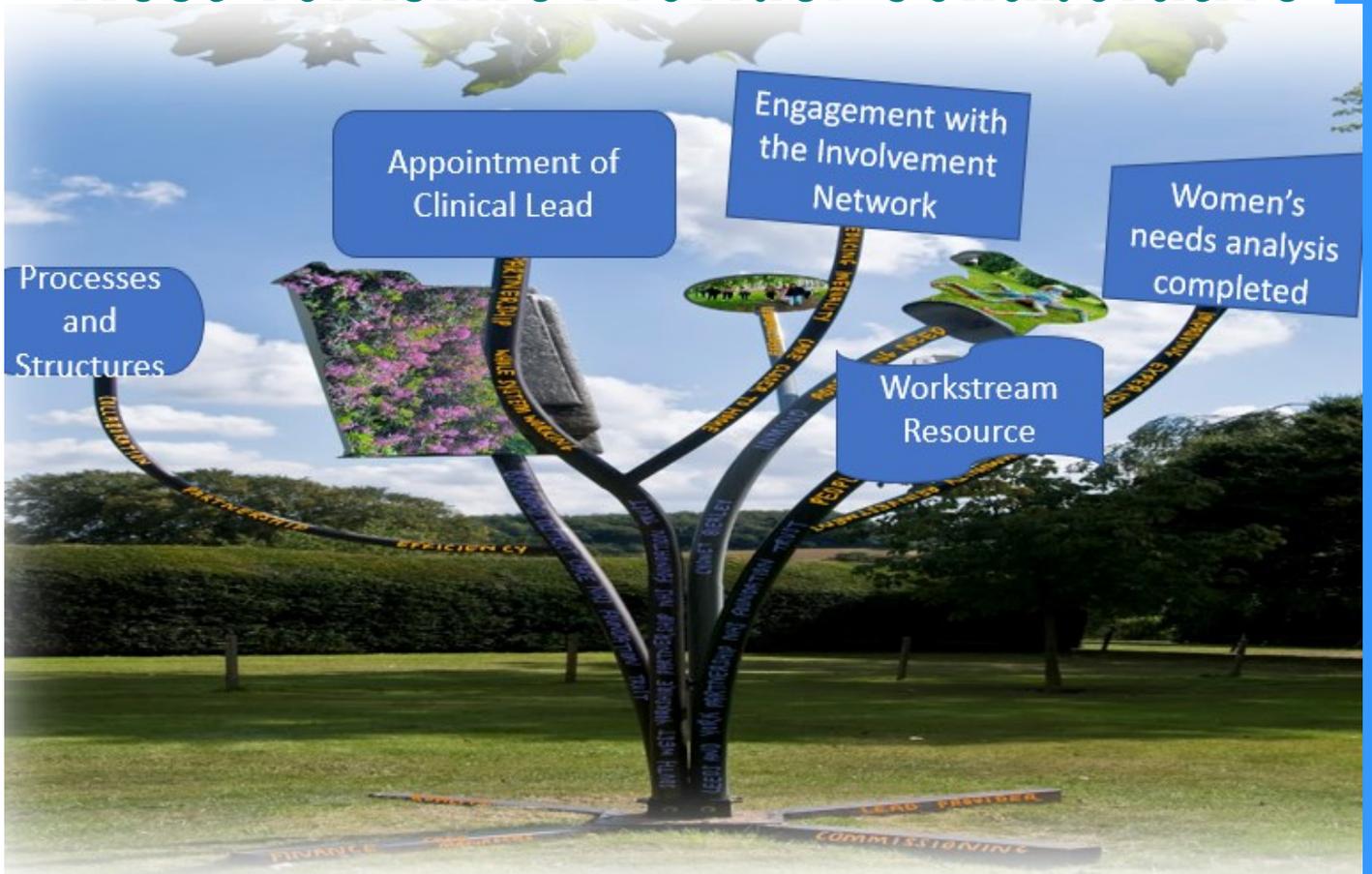
JUBILEE PARTY



POSITIVE AFFIRMATION BOARD

NSUA FINALIST!

West Yorkshire Provider Collaborative



Girlfriend

I love you when you're near me
 I love you faraway
 I love you in the Winter
 And on a Summer's Day.
 I love you in the daylight clear,
 Under moonlit skies.
 I look up at the evening stars
 And see your shining eyes.
 I long once more to hold you close
 And feel your Tender Touch.
 Oh, my darling.....
 I love you very much.
 When we are both as one again
 Once more we are together.
 No more parting, no more pain,
 Just you and I forever.

A Special Little Rose

A special little rose
 More lovely than the rest.
 This special little flower
 Has nothing but the best
 And though they may seem many,
 They are very few
 Because my dear darling... ..
 That special little rose is you.

Thank You

Thank you for understanding me
 And showing that you care.
 For always being there.
 Thank you for standing by me
 When things have been so bad.
 But darling there's one more thank you
 And I think it's plain to see,
 These words come straight from my heart
 Thank you for loving me.

Lose You

If I ever lost you... ..
 I would surely cry.
 I couldn't live without you
 Instead, I'd rather die.
 I'd wait for you in heaven,
 I'd be longing for the day.
 Once you got to heaven
 I'd never let you stray.
 But I know I'll never lose you,
 And I know I'll never cry.
 While ever you are by my side
 I'll never want to die.

Poetry by Mark

From, Cheswold Park



Feedback Form July 2022



What has gone well today and why?



What could have gone better and why?



What does the Network Do?



What could it do more of?

++

What do the Involvement Team/Leads Do?



What could they do more of?

++

Thank you for your feedback as it is useful in helping us improve



Contact Holly, Jo or Charlotte for more information
hnf-tr.involvement.network@nhs.net

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BIERLEY BULLETIN

KEEPING YOU IN THE LOOP

Keeping You In The Loop

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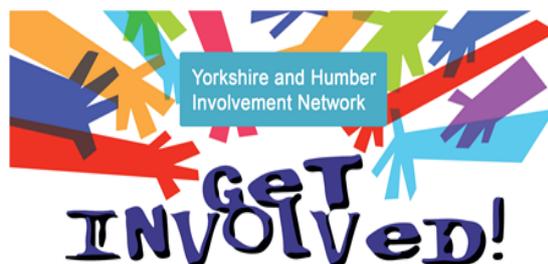
Yorkshire and Humber Newsletter

Do You like.....
Writing Articles?
Writing Poetry?
Arts and Crafts?
Then we need you!



Please note we will say in the newsletter who sent it in (first name and service) so if you would rather it was put anonymously then please let us know

WE WANT TO
HEAR FROM YOU



We are Jo Charlotte & Holly- we work as Involvement Leads across all the secure services in Yorkshire and Humber and we create a newsletter so from all the motivating conversations we have at virtual Network meetings; so everyone can learn from & share ideas with each other – it is especially important to us to stay in contact in this way whilst meeting up at Sandal is not yet possible.



This newsletter is a great way to find out what is happening in other hospitals and shout about all the good things you do!!

Ask a member of staff to send your ideas in to us via email or access to our website below on the 'contact us' tab

Contact Holly, Jo or Charlotte for more information hnf-tr.involvement.network@nhs.net

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