

# WEST YORKSHIRE PROVIDER COLLABORATIVE

## NEWSLETTER 4

West Yorkshire and Harrogate  
Health and Care Partnership



Thank  
you

West Yorkshire and Harrogate Health and Care Partnership

Yorkshire and Humber Involvement Network

**West Yorkshire  
Provider  
Collaborative  
Engagement Event**

1  
2  
3  
4  
5

GET INVOLVED!

Thank you for joining us for a West Yorkshire Provider Collaborative Event, it was great to see representation from all the services on the day, for those who couldn't join us we have captured the slides and conversation in this newsletter. We looked at 'what is a Provider Collaborative'? The values and priorities in West Yorkshire and recapped some earlier meetings and workshops that have taken place.

<p><b>Microsoft Teams</b></p>  <p><b>2nd November 1 – 2pm</b></p> 		<p><b>Welcome &amp; Ice Breaker</b></p>
<p><b>Bring yourself a drink!</b></p> 		<p><b>Video What is a Provider Collaborative?</b></p>
		<p><b>What will the Provider Collaborative do in West Yorkshire?</b></p>
		<p><b>West Yorkshire Priorities</b></p>
		<p><b>West Yorkshire Involvement Re-Cap</b></p>
		<p><b>Next Steps... Tell us what you want</b></p>

Contact Holly, Jo or Charlotte for more information:

[Hnf-tr.involvement.network@nhs.net](mailto:Hnf-tr.involvement.network@nhs.net)

[www.yorkshireandhumberinvolvementnetwork.nhs.uk](http://www.yorkshireandhumberinvolvementnetwork.nhs.uk)

Collaboration. Hope. Encouragement. Empowerment. Respect. Support. Fun



Newton Lodge  
Bretton Centre  
Newhaven  
Cygnet Bierley  
Moorlands View  
Waterloo Manor  
Newsam Centre  
& All guests

West Yorkshire and Harrogate  
Health and Care Partnership



South West  
Yorkshire Partnership  
NHS Foundation Trust



Leeds and York Partnership  
NHS Foundation Trust



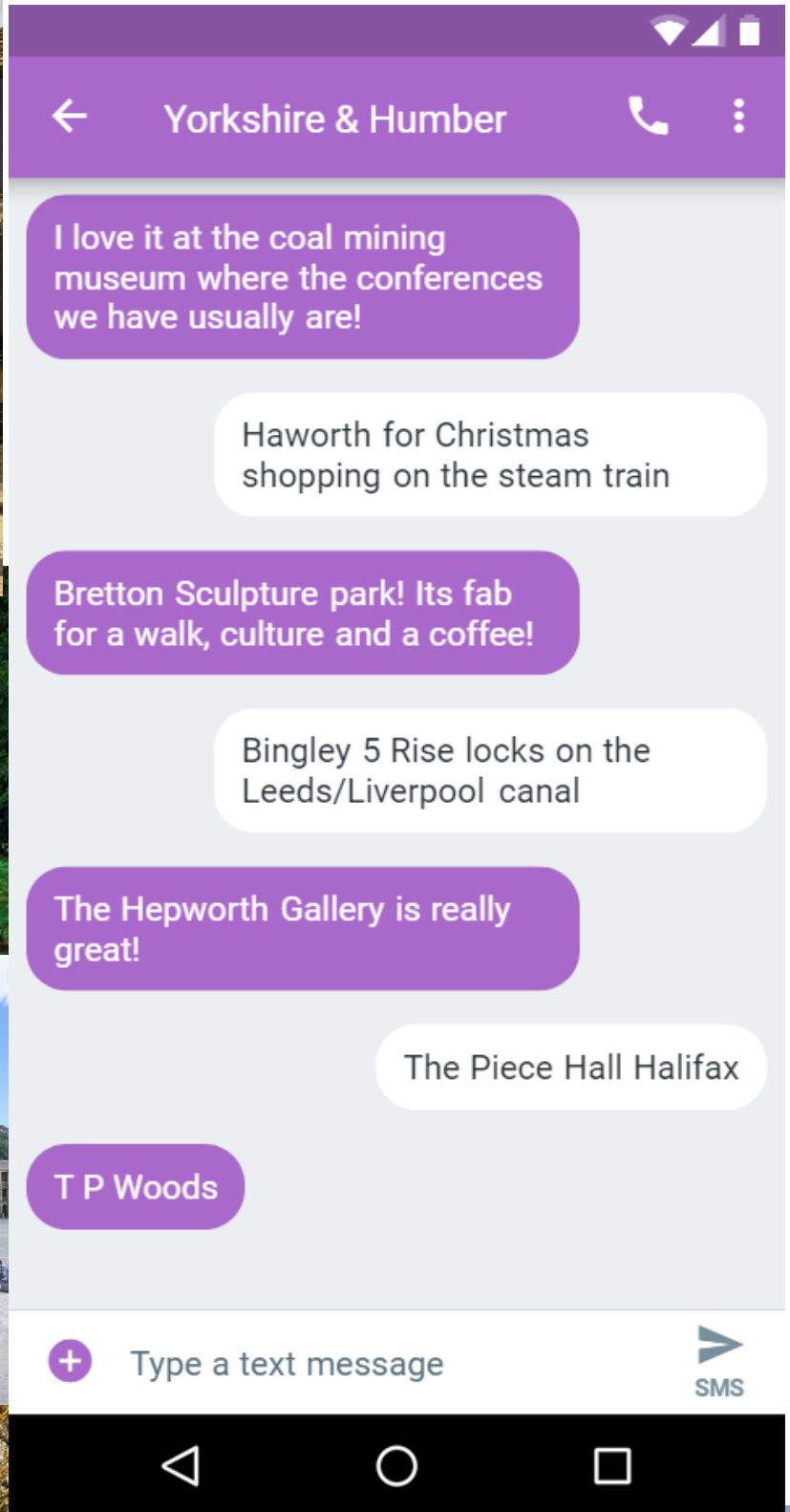
Bradford District Care  
NHS Foundation Trust



Tell us... Where is your favourite place to  
visit in West Yorkshire?

Raise your hand, shout out, or tell us in  
the Chat!





Hello everyone my name is.....

# Sean Rayner

I am responsible for the West Yorkshire Adult Secure Provider Collaborative and to ensure that it works successfully for everyone involved.

In order to achieve that, it is important that I listen to everyone's views, and reflect those views in the way we make decisions in the Collaborative.



I like cycling, watching Leeds United and going to music concerts

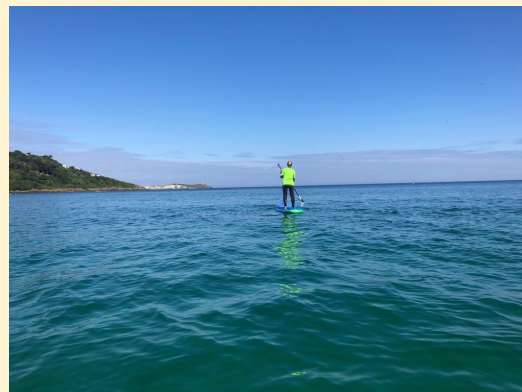


I am Head of Programme for the Provider Collaborative, ensuring the way we work between partners is clear and understood in order to help us plan and make decisions

In order to achieve that, it is important that I listen to everyone's views, and reflect these in the way we work as a Collaborative

Hello everyone my name is...

# Izzy Worswick



I love being outdoors and running





Hello everyone my name is...

# Ged McCann

I am helping the collaborative set up commissioning arrangements across West Yorkshire



I love walking in the hills and reading – sometimes both at the same time.....



... and anything that makes me laugh.

Hello everyone my name is...

# Jo Barber

I am a Clinical Lead for the West Yorkshire Provider Collaborative.

I am passionate about developing services that meet the needs of all, and ensuring we learn from people's experiences.



I love walking with my Dog and the beach.

This is Ginger: who you will often hear barking on teams calls 😊

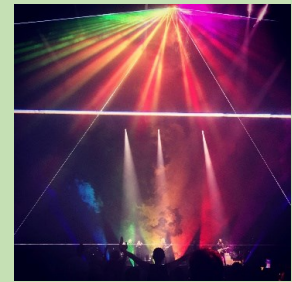
Hello everyone my name is...

# Laura Gow

I am a Senior Advanced Clinical Practitioner and making sure you receive the best care we can offer is important to me.



I love music and being active



Hello everyone my name is...

# Claire Girvan

I am the quality lead for the Provider Collaborative and I would really like to hear about your experiences being in hospital



I love TV and sleeping



**“The more skilful the intervention the OT makes, the smaller the ‘footprint’ they leave”**

<http://www.nimhe.csip.org.uk/silo/files/progressreportedapril2007.pdf>



[NHS-led Provider Collaboratives: improving mental health, learning disability & autism services – YouTube](#)



# West Yorkshire Adult Secure Provider Collaborative

## Partners



# Collaborative objectives



## Improved use of inpatient beds

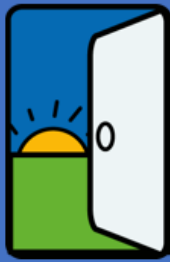


This will be done by:

- SPA (Single Point of Access)
- Single bed management system
- Consistent access assessments
- Clinical oversight of placement decisions



## Provision of services not currently in area



This will be done by:

- Personality Disorder pathway
- Enhancing women's pathway
- Yorkshire & Humber wide approach to Learning Disability & Autism services

## An enhanced community service offer

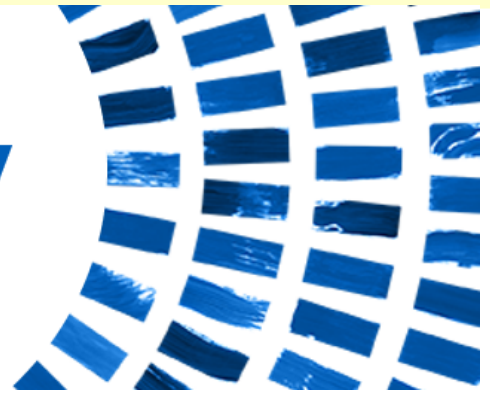


This will be done by:

- Developing a specialist community forensic team (SCFT), with an emphasis on in-reach and support to those unable to progress through existing pathways.
- Working with those small number of service users who have a long inpatient stay
- Forensic Outreach Liaison Service (FOLS)
- Closer working with criminal justice system, complex care and PICU



# Specialist Community Forensic Team



## Specialist Community Forensic Teams



South West  
Yorkshire Partnership  
NHS Foundation Trust

- a) NHSE published new data which shows length of stay in secure care is reduced if there is appropriate community support.
- b) SCFT's are part of The Five Year Forward View for Mental Health: a report from the independent Mental Health Taskforce to the NHS in England (2016); they form part of a transformation for secure care.
- c) SCFT's are a multidisciplinary team promoting early discharges from secure care. They will provide high intensity support and interventions to maintain patients within a community setting.

With all of us in mind.

## 12 Core Components to Service

- |                                    |                                      |
|------------------------------------|--------------------------------------|
| 1) Care pathway management         | 7) Specialist case management        |
| 2) Specialist forensic assessments | 8) Crisis response                   |
| 3) Therapeutic interventions       | 9) Psychological interventions       |
| 4) Peer mentorship                 | 10) Substance misuse                 |
| 5) Skills and competencies         | 11) Education and employment support |
| 6) Carer support                   | 12) System relationships             |

Collaboration. Hope. Encouragement. Empowerment. Respect. Support. Fun



## What support do we offer?

The SCFT works together with the people we support to ensure they feel listened to and that their opinions and views matter. We will take into consideration your past experiences and you will receive individualised care.

### We can offer you support in several ways:

- Support for you and others working with you to manage risks in the community that have previously required support from secure hospitals with medication and treatment
- Psychologically led support and interventions
- Financial advice and support
- Support with accommodation and living arrangements.
- Education and employment support
- Support with independent living skills
- Support with substance misuse
- Community reintegration
- Community networking
- Peer mentor support

The team will visit you at home or in the community.

Our aim is that you will receive a package of care that ensures you have all the support you need. You will also have an individual crisis plan with clear plans and contacts in place if you need them.

## Which professionals are in the team?

Support available from the team includes care coordination, psychiatry, psychology, social work, housing and peer support, occupational therapy and nursing.

## Why have I been referred to SCFT?

### You might have been referred to us if:

- You are currently in hospital and your clinical team feel that you are ready to move on.
- You, your family or carers and others working with you are concerned about you, or your potential risk to others.
- Your previous care team may be concerned that you are at risk of committing a crime.
- You are living in the community and are experiencing crisis, and it would be helpful for you to have some specialist support.

## What happens next?

An assessment will be carried out by two staff members from the SCFT to decide if the SCFT is the right service for you. They will meet with you to have a conversation about if and how the SCFT might be able to support you. After the assessment has been completed and discussed, the SCFT will feedback to you about the outcome of the assessment.

## Confidentiality

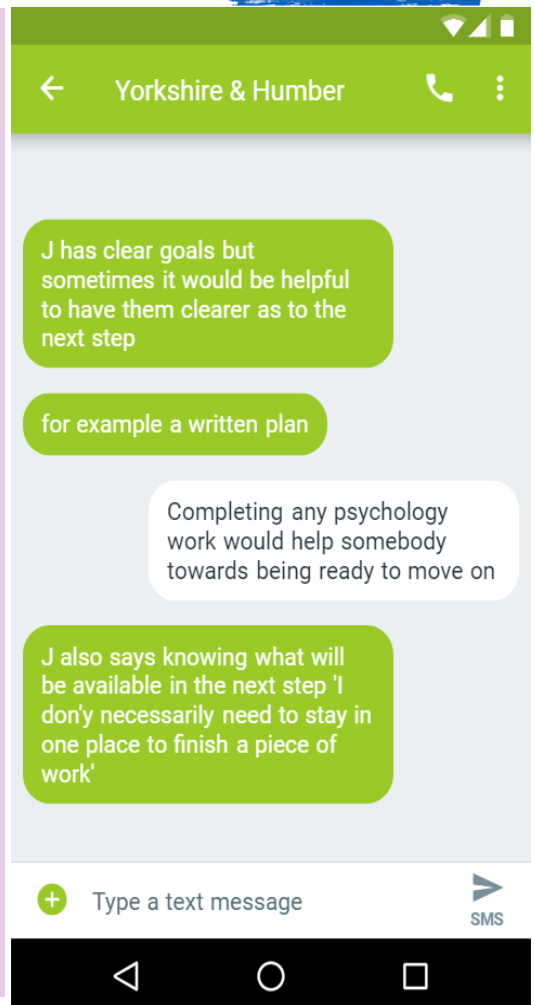
Confidentiality is very important to us; we will protect and safeguard your personal information, and this will only be shared on a need to know basis. Further information about this will be explained to you in person.



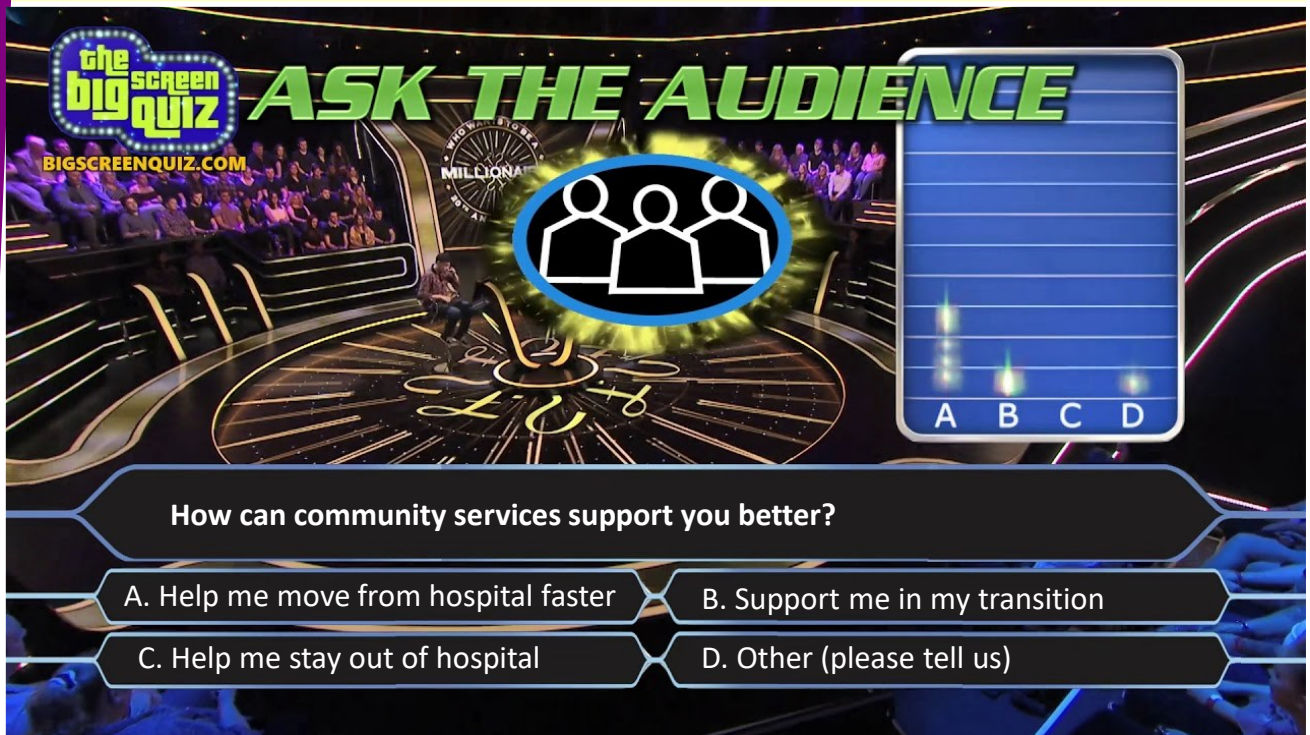
Please discuss with us how we can ensure no one stays 'one day more' than they need to on each step of their pathway

With **all of us** in mind.

- CPA goals need to be clear
- Transition booklet (Waterloo to share)
- Self help leaflets
- "Plan on a page"
- Need to know what goals are- care team priorities are different
- Discussion is key
- Sitting down and collaborating on the what and how
- Clear timescales agreed
- What is available at next step- can work be continued there?
- Pathway needs to be integrated and joined up- staff from next step can meet you?
- Technology- Avatar App
- The Provider Collaborative needs to be innovative and test out ideas
- Room for investment?
- What's available post covid?
- Share good examples and ideas

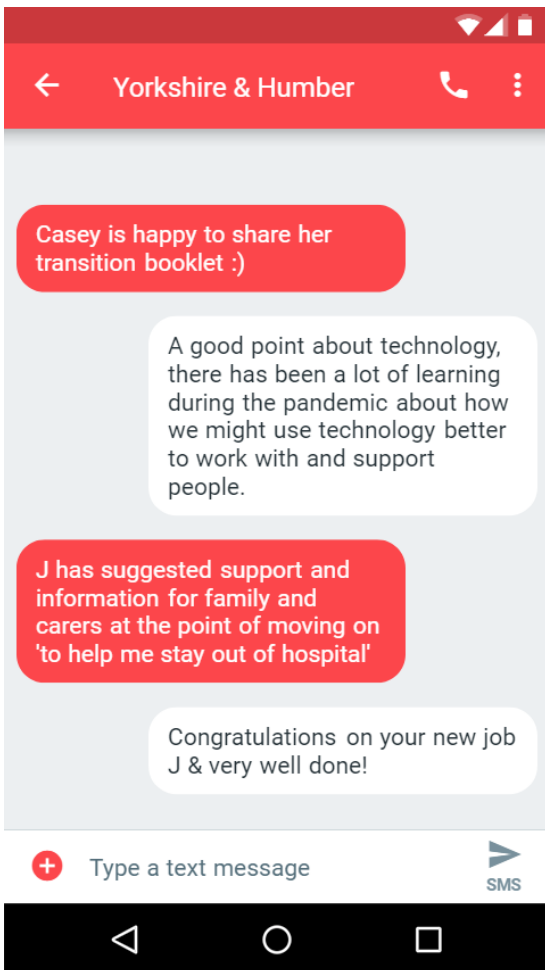






“Tell us how we can improve community services to support your move on from hospital, provide you with the support that you need, and work towards preventing a return to hospital in the future”

With all of us in mind.




- Work roles need to be set up so we don't fall back into old ways
- Fed up sat about in independent living
- Help to stay positive and focus on the up
- Information for family and friends— help them to know how to support people and recognise when they need help
- “Plan on a page” for families
- This is bigger than just health– it includes all wider community services e.g. work/ volunteering/ libraries
- They need to be preventative
- “if only there was more support before– help and advice at the time”
- We need to look at before crisis support
- Education/Working with community

Re-cap: Meeting 1 @Sandal November 2019

Group Work 1 — Terms of Reference

**PURPOSE OF THE GROUP**

- To share ideas
- Plan future vision and working practices
- Find out what is happening with plans and updates
- Find solutions to issues and sticking points from service user and staff point of view
- Have our say



**MEMBERSHIP**

- Service users
- Staff from across secure services



Group Work 2 - Peer Support



What should peer support look like in the community?  
 What would a peer support worker do?  
 What qualities would a peer support worker have?

**What should Peer support look like in the community?**

Could potentially recruit from current volunteering people  
 Important to get regular people – build trust and have someone that we know when we move on  
 Want to be involved in choosing who their peer support person could be. Not just a random person allocated. Familiar people important.  
 Without peer support feel more vulnerable to being taken advantage of  
 Need to have a wealth of knowledge than clinical staff don't have. But have some training too.  
 Possibility of peer support workers building confidence via 'buddy' system before formal training  
 Peer support workers can work 4 hours a week – makes the role manageable  
 Provides opportunities for peer support workers to spend their time constructively  
 Paid role maybe more successful

Group Work 3 - Support for Carers

What support is available for carers now?  
 What would you want to see going forward?

**What support is available for carers now?**


Importance of language—by carers we mean friends and family!  
 Carers day – explaining to carers about relapse prevention and signs to look out for  
 Invited to ward rounds and CPAs  
 Home leave – meeting half way  
 Contact with doctor and named nurses etc.  
 Carer know who to contact for support if they are struggling or need to ask a question  
 Carers events  
 Carers hub – Gathering and resource point  
 Carers questions and answers with professionals and create dialogue

Group Work 4— Housing Support

What would you want to see going forward in terms of housing support from a community team?

**What would you want to see going forward in terms of housing support from a community team?**


More access to bespoke areas with choice of where to live  
 Plan – knowing where you are going – timescales  
 Service user input – where they want to go and what's best for them  
 Support worker to be in touch  
 Bills, budgeting, shopping – may need support with this  
 Starter pack – when you move in  
 Check up on individual – not just give keys and leave  
 Supported living



Re-cap: Meeting 2 @Sandal February 2020


Group Work 1 - Personality Disorder

Men personality disorder  
 Difference in opinions as whether to separate personality disorder to other diagnosis patients.  
 Similarity with staff and procedures.  
 Staff consistencies, regular staff.  
 Keeping to boundaries.  
 Community teams in community – specialised in personality disorder.




New service  
 Early intervention and links with schools/colleges/education.  
 Family awareness and friends more involved to help dispel fear and help understanding.

Building trust with professionals and consistency.  
 More liaison and visits from the community team.  
 Leeway for urgent appointments with professionals.  
 More choice on different hospitals/organisations.  
 More education for people on different personality disorders.




Group Work 2 - Women's Pathway

Women's services  
 Access to local low secure services.  
 Disadvantaged in comparison to men's pathway.  
 Pathways separate wards for different stages of recovery.  
 Rotation with psychiatrists.  
 Contact with families.




Out of area problems faced by service users  
 Some like to be close to family and familiar area.  
 Lack of support from home team.  
 Time to travel to see family.

Benefits of being out of area  
 If really ill lessens impact on family.



Environment in services  
 Internal day centre, ie access to day to day planning goods, access to computer courses, external links for support in communities.






## Re-cap: Meeting 3- Virtual June 2021



South West  
Yorkshire Partnership  
NHS Foundation Trust

### Experts by Experience

- Provider Collaboratives are committed to develop and deliver services in collaboration with service users and carers
- One way of doing this is to involve experts by experience at different levels in the collaborative
- Some collaboratives employ dedicated experts by experience, others have a variety of approaches
- We would like to understand how best to do this in our collaborative
- We want to explore what the advantages and disadvantages are of possible different approaches

Voting time... Secure Quality Improvement (SQI) Tool  
Quarter 4 choice- all services in West Yorkshire will complete one of the following options (as well as Involvement, RRP & Technology) to ensure we can benchmark against each other and continue to share good practice:

- Do your experiences match what the Niche Report found?
- How do they match/differ?
- How can we make sure the recommendations happen?

If we have issues providing support to BAME groups it might be worth targeting the peer support EbyEs recruitment to ensure we combat any unconscious bias in how the services operate??

Access to care co-ordination is as big an issue as accommodation

quality accommodation an issue

Care pathways, and referral processes for aftercare/Responsible Health &

Activities need to be age appropriate and functionally appropriate, especially for the over 55's

### Logo & Theme

- What do people think about when thinking of the collaborative?
- What does West Yorkshire mean to you?
- What ideas do people have about the Provider Collaborative Logo?
- Any Colour suggestions?

I don't think the term PC relates to everyone and they understand what it means

Rainbow as different colors means different areas

I like the white rose & rainbow ideas

The term 'provider' does not represent all

BY EFFORT ACHIEVE



A name for the Collaborative is something we need to work with you all on

I think the name and logo would be a good session



the logo will end up as a flat cap surely!

We'd like to see a flat cap too lol

- ⇒ Transition Booklet from Waterloo Manor to be shared and further discussions around transitions
- ⇒ Name the Collaborative
- ⇒ Involvement Baseline- what does involvement look like in West Yorkshire?

If you would like to answer any of the questions asked in this newsletter please send them to the Network email below, contact us through our website [Yorkshire And Humber Involvement Network – Welcome](#) or ask a member of staff to email us your responses! We can also pass on queries to the West Yorkshire Provider Collaborative too.



**Feedback  
November  
2021**   
West Yorkshire  
Health and Care Partnership 

What has gone well today and why? 

What could have gone better and why? 



We want to involve you more at these meetings - any ideas? What are the next steps for the West Yorkshire meetings? 

What were your views on 'How do you know when the time is right to move onto your next step?'

What were your views on 'How can community services support you better?'

Have you enjoyed it today and will you come again? 

Contact Holly, Jo or Charlotte for more information  
[hnf-tr.involvement\\_network@nhs.net](mailto:hnf-tr.involvement_network@nhs.net)

[www.yorkshireandhumberinvolvementnetwork.nhs.uk](http://www.yorkshireandhumberinvolvementnetwork.nhs.uk)