



Recovery College CQUIN Bulletin 7

**Next meeting:
Thursday 11th
January 2017
2-4 Sandal**

At the last meeting of the Recovery College CQUIN group on the 28th September we had a fantastic presentation from Cheswold Park Hospital about their Recovery College. They had done some filming of service users who couldn't attend on the day so that they could also contribute. They finished their presentation by a service user Ryan leading the whole room in a sing along as part of their Recovery College choir Melodee and the Majors

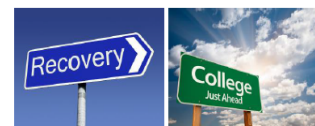
and everyone loved it. This is all on pages 2-4.

We then had Charlotte from Waterloo Manor talk us through some Pinterest Fails—this was to introduce the group work around being able to learn from things that haven't worked so well, and learning from the last term. This is all on pages 5 and 6.

We finished off with thinking about developing a catalogue of ideas for Recovery College courses, and thinking about which courses services may be happy to share. This is all on page 7.

We decided that the next meeting in January should focus on making Recovery Colleges sustainable going forward.

Thank you to everyone who attended and contributed!



Recovery College CQUIN Agenda

Thursday 28th September 2017 14.00 – 16.00



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WELCOME 1. Welcome and Introductions

2. **Presentation – Cheswold Park** 

- Group Work 
- Learning 
- Learning from last term – what's new this term?

WHAT'S NEW 

 **COFFEE BREAK**

3. **Presentation – Newton Lodge** 

4. **Catalogue of Ideas** 

- Current and future courses



Supports Cheswold Recovery College
Providing Hope and Opportunities for your future

Cheswold Park Hospital – Medium and Low Secure – Forensic Hospital



8 Wards 109 bedrooms - each with private facilities

- ❖ 2 - Wards - 27 beds - Medium Secure Learning Disability Service
- ❖ 1 - Ward - 15 beds - Medium Secure - Mental Illness and Personality Disorder
- ❖ 1 - Ward - 12 beds - Low Secure - Mental Illness Acute Service
- ❖ 2 - 27 beds - Low Secure - Personality Disorder Assessment and Treatment Ward
- ❖ Autistic Spectrum Disorder (ASD) Services - 50 bedrooms in the planning stage

Recovery Pathway

- ❖ 1 Ward - 15 beds - Low Secure - Rehabilitation Service
- ❖ 1 Ward - 12 beds - Low Secure - Rehabilitation Service

Our Principles

Provide you with skills to become more independent
Believe in you - Empower you - Give you hope
To improve your ability to 'bounce back'

